Tasty Foods in Taiwan

Introduce some traditional tasty foods in Taiwan, and tell the readers the history of Taiwan snacks, let people enjoy a great food feast.

By: Jiayu Cui 120905212 Class2

Taiwan has a reputation called “gourmet paradise”, the snacks here melt in the indigenous cuisine essence in Netherlands, Portugal, Japan and dozens of provinces in Chinese mainland in a furnace, create the cuisines of the world’s most prestigious foods. And the snacks are sold in the form of great affinity corner shop and night market. The rich delicious foods can attract tens of millions of people around the world to visit Taiwan every year. People will enjoy a great food trip in Taiwan. Here, I will introduce some history of Taiwanese traditional food and the top 5 snacks that tourists are interested in.

People all know Taiwanese food tastes amazing, there is quite a long story! Since the Qing dynasty, the Han Chinese agricultural groups dug up mountains from Fujian Province to Taiwan Island. It was a hard work, people cost unimagined labor. So some people started to send foods to the farmers. Then, the snack business with this gesture came out, all kinds of cold and hot snacks were provided for the hillside farmers. In the primitive cultivation period, people would hold a meet god temple in the center of the faith fairs, crowds gathered, snack business also followed to the temples, so many snacks market near the temple of Taiwan.



Now, I will recommend famous Taiwanese snacks to you. The top 1 named E. package of small intestine, it’s quite common in Taiwan snacks. E. skin is very crisp after barbecue with the charcoal fire, fillings are full of grains, with delicious sausage inside, add some sour pickled cabbage, cucumber and salted eggs. While biting it, your mouse will brim with gravy. And such a special traditional snack will be found in the night market named East China Sea.



Oyster omelet is the most famous Taiwanese snack, because of the idol drama “Corner with Love”, it is touted by fans on both sides. Now wherever in Taiwan, everyone can find the shadow of oyster omelet. Each plump oyster sprinkled on iron plate, doused with thin white batter, and then matched a few pieces of green vegetables and eggs; finally make the finishing point would spray a sour sweet special sauce just left the fire on the oyster omelet. An amazing snack comes out!



A history of more than 50 years, Simon tempura has been quietly sitting in Taiwan’s local snacks tempura first chair, not only because of its long years, more important is the unique flavor snacks is full of change and imagination. Simon tempura all handmade craft is also an important factor in taste, how many years did not change. When travelling Taiwan, it’s necessary to have a taste.



Pearl milk tea and they called the “Boobs milk tea”, originally, the merchants in Taichung area added milk and soft Q black tea powder round, and mixed to make a drink. Because

it has a tea fragrant taste and great chewy feel, and soon was warmly received by the Taiwanese people. Even the fame spread far abroad, many overseas Chinese can enjoy this tasty pearl milk tea.



Generally called the shaved ice, more refers to shaved ice machine file of crushed ice, add mung bean, red bean, flour, taro and so on, that can be selected randomly, finally pour the sugar water. It is pretty cool in summer to eat at ease. Taiwanese who quite understand eat, however, have developed many new Taiwanese ices, for example, the ices made of fruits such as mango, strawberry, not only cool and refreshing in summer but also creative.

Taiwan is a fantastic place that is full of tasty foods. I

can’t introduce them all in one article. If you want to know more, searching online is a good way. But visiting Taiwan and enjoying the snacks by yourselves is the best choice, I think.

[Taiwan Delicious Foods Introduction]

[Top 10 of Tasty Snacks in Taiwan]

A bite of Taiwan –PK about Taiwan pineapple cake

If you go to Taiwan, you must enjoy the food in there. If you enjoy food there, you cannot miss pineapple cake. But, importantly, there are too many pineapple cake’s shops in Taiwan. Which shop has the longest history? Which shop is the favorable shop? And which shop is valuable?

110307129 Zhou Xiao yuan class4

liji



When you walk into liji, you will find that there are many people queuing. There are two flavors of pineapple cakes in Liji. One is the traditional pineapple cake, made of high quality pineapple. Another is the soil pineapple, which tasted more acid. Liji is best known for its crust. The crust exudes baked smell for a long time. Now, liji also opened the store in Shanghai, the people do not have to go to Taiwan to buy the pineapple cake purposely.

Sunnyhills



Sunnyhills is a new brand, its packaging is very cute. Sunnyhills's pineapple cake is rectangular, and it is larger than normal pineapple cake. It is said that pineapple's stuffing all brewed, and do not add any additives. But it is worth noting that the filling fiber of Sunnyhill's pineapple cake is very thick, and the orderly is best not to eat.

Jiade



Jiade regarded as a rising star, he did not emphasize its pineapple selection, but stressed that its pastry using New Zealand dairy products as raw materials. The pastry of Jiade is very crisp, unlike other brands of pineapple cakes so easy dregs. But the taste don't have very prominent feature, so I can hardly remember what it is the biggest advantage.
However, Jiade is the most popular brand for mainland tourists.

Dawn



Personally, Dawn is my favorite pineapple cake. At first, I was attracted by Dawn's package. It's looks like a book. When I went to Taiwan to be an exchange student, most Taiwan students told me that their favorite pineapple cake is the Dawn. Moreover, pineapple cake of Dawn only can buy from Taichung, many people spend several hours rush to Taichung, just for a pineapple cake. In addition, Dawn's service staffs are very warm. When people visit the Dawn, they will give visitor a piece of pineapple cake to taste. Besides pineapple cakes, dawn have delicious Cheese Cake and ice cream, so that customers have a variety of selection.

Yuzhen House



Yuzhen House, just as its website, was born in 1877. The head office of Yuzhen is located in Lukang. Yuzhen House’s product is very suitable for the elderly. Because he’d thin pastry, filling very rich and moderate sweetness. In many people’s views, Yuzhen House’s Phoenix cake is more delicious than pineapple cake. The Phoenix cake is adding egg yolk into the stuffing in the pineapple cake, which is soft and sweet.

The above is my Taiwan pineapple cake Raiders
Do not forget! Do not eat the best, only the most appropriate