Tasty Foods in Taiwan

Introduce some traditional tasty foods in Taiwan, and tell the readers the history of Taiwan snacks, let people enjoy a great food feast.

By: Jiayu Cui 120905212 Class2

Taiwan has a reputation called “gourmet paradise”, the snacks here melt in the indigenous cuisine essence in Netherlands, Portugal, Japan and dozens of provinces in Chinese mainland in a furnace, create the cuisines of the world’s most prestigious foods. And the snacks are sold in the form of great affinity corner shop and night market. The rich delicious foods can attract tens of millions of people around the world to visit Taiwan every year. People will enjoy a great food trip in Taiwan. Here, I will introduce some history of Taiwanese traditional food and the top 5 snacks that tourists are interested in.

People all know Taiwanese food tastes amazing, there is quite a long story! Since the Qing dynasty, the Han Chinese agricultural groups dug up mountains from Fujian Province to Taiwan Island. It was a hard work, people cost unimagined labor. So some people started to send foods to the farmers. Then, the snack business with this gesture came out, all kinds of cold and hot snacks were provided for the hillside farmers. In the primitive cultivation period, people would hold a meet god temple in the center of the faith fairs, crowds gathered, snack business also followed to the temples, so many snacks market near the temple of Taiwan.



Now, I will recommend famous Taiwanese snacks to you. The top 1 named E. package of small intestine, it’s quite common in Taiwan snacks. E. skin is very crisp after barbecue with the charcoal fire, fillings are full of grains, with delicious sausage inside, add some sour pickled cabbage, cucumber and salted eggs. While biting it, your mouse will brim with gravy. And such a special traditional snack will be found in the night market named East China Sea.



Oyster omelet is the most famous Taiwanese snack, because of the idol drama “Corner with Love”, it is touted by fans on both sides. Now wherever in Taiwan, everyone can find the shadow of oyster omelet. Each plump oyster sprinkled on iron plate, doused with thin white batter, and then matched a few pieces of green vegetables and eggs; finally make the finishing point would spray a sour sweet special sauce just left the fire on the oyster omelet. An amazing snack comes out!



A history of more than 50 years, Simon tempura has been quietly sitting in Taiwan’s local snacks tempura first chair, not only because of its long years, more important is the unique flavor snacks is full of change and imagination. Simon tempura all handmade craft is also an important factor in taste, how many years did not change. When travelling Taiwan, it’s necessary to have a taste.



Pearl milk tea and they called the “Boobs milk tea”, originally, the merchants in Taichung area added milk and soft Q black tea powder round, and mixed to make a drink. Because

it has a tea fragrant taste and great chewy feel, and soon was warmly received by the Taiwanese people. Even the fame spread far abroad, many overseas Chinese can enjoy this tasty pearl milk tea.



Generally called the shaved ice, more refers to shaved ice machine file of crushed ice, add mung bean, red bean, flour, taro and so on, that can be selected randomly, finally pour the sugar water. It is pretty cool in summer to eat at ease. Taiwanese who quite understand eat, however, have developed many new Taiwanese ices, for example, the ices made of fruits such as mango, strawberry, not only cool and refreshing in summer but also creative.

Taiwan is a fantastic place that is full of tasty foods. I

can’t introduce them all in one article. If you want to know more, searching online is a good way. But visiting Taiwan and enjoying the snacks by yourselves is the best choice, I think.

Taiwan Delicious Foods Introduction

Top 10 of Tasty Snacks in Taiwan