

# A rough description of Ireland

[Ireland](#), a beautiful European cities. It's capital city is Dublin. Has 4.5 million population.



By Haoming Gu 130306117

Since joining the European Union in 1973, Ireland has transformed itself from a largely agricultural society into a modern, technologically advanced Celtic Tiger economy.

Agricultural lowlands make up most of the interior, which is broken in places by low hills and includes considerable areas of bogs and lakes. There are coastal mountains to the west, rising to over 1 000m in places. Nearly a third of the population lives in Dublin.

The Dáil , or lower house of Parliament, is composed of 166 members while the Seanad , or upper house, has 60 members. Parliamentary elections are held every five years. The President, elected for a seven-year period, mainly performs ceremonial duties.

Although the history of Ireland has seen troubles and turbulence, its people have always been associated with a love of music and storytelling. Often referred to as the land of saints and scholars, the country is the birthplace of many famous English-language writers, such as Yeats, Joyce,

Beckett, Wilde and Shaw. Ireland is home to internationally known rock bands and singers such as U2, The Corrs and Sinéad



O'Connor.

Simple meat dishes and boiled vegetables such as the potato, carrot, turnip and parsnip form the principal ingredients of traditional Irish cooking.

In addition, is about the culture of Ireland on a diet. It's similar to the traditional diet and the UK Ireland, family diet to potatoes, vegetables, beef class is given priority to, bread is Irish diet. The potato recipe is rich, vegetable cooking way is given priority to with water. Due to Dublin near the sea, so there are a lot of fresh seafood, seafood cuisine is very much also. Ireland on the basis of the traditional diet has introduced the way of eating in other countries, such as France and Italy, Irish food not greasy, very light. Usually dinner for potatoes, meat (lamb, pork, chicken or fish, one or two vegetables (carrots, celery, cabbage, Onions, peppers, cucumbers, mushrooms are seasonal vegetables), or eaten raw (a salad), or boiled; In addition, the Irish people love to eat dairy products, eggs, cheese, milk, yogurt, fruit, etc.