

The Oriented challenge in ShangHai

Shanghai coordinate city oriented challenge has successfully held three sessions. In 2013 Shanghai city orientation coordinate challenge, participants reached to 3440 people. Most of the participants on the grounds are young students. We were honored to have the chance to join the challenge. We were tired but happy to have a visit in Shanghai . We were chosen as number. 6 and number 6 is called reliving the EXPO. Everyone was excited and lost ourselves in the fantasy of the EXPO. Many beautiful and amazing museums and exhibition. What attracted us most was the China pavilion. The magnificent appearance made us feel amazed. And many people took part in this game. We needed to accomplish ten parts. And we should finish them within the stipulated time. During the time, we were running through the EXPO Park, doing different games and meeting all sorts of challenges. Such as we folded paper airplanes in order to let them fly over six meters. No one could deny it that we had fun. After all of the fantasy moments, we expect having fun again next time.

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On 11th May, I went to ShangHai in order to take part in the challenge in shanghai called Oriented challenge with four friends. Two friends are from Shanghai DongHua university. And the others are from Zhejiang University Of Media and Communications. Although we come from different schools, we still had a good time.

In a word, the game means not just a thing but a true story of passion and cooperation. The memory is so nice and I will remember it all the time. Each activity has its meaning. Just like this activity. I gradually know what is cooperations and solidarity today. I love my team!

Recognizing the Potala Palace





Potala Palace so to speak is the building being able to represent Xizang and Lhasa most.

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[Potala Palace](#), commonly known as the “second Putuo Mountain,” stands in the Tibetan capital Lhasa on Redhill northwest, is a large-scale castle-style buildings. Was built in the seventh century, the Potala Palace was built Why, one that is due to the development needs of Gampo to consolidate power, the

ruling center moved from the mountain area of the Potala Palace Nanze when, and to the defense of foreign aggression so built on Red Hill Red Hill Palace in Lhasa – Potala Palace was first appellation; another is said to be Gampo married Princess Wencheng large, built this house; there is a saying that Princess Wencheng projections the proposed construction of the Potala Palace King. After the reconstruction of the 17th century, the Dalai Lama's Potala Palace, the Winter Palace became home is the center of Tibet's theocratic rule. The whole palace with distinctive Tibetan style, pulling more than 200 meters high, the appearance of 13 layers, actually, only nine layers. Since it has built in the mountainside, large areas of rock walls and stands as scarps, make the building as if the hills integration, the momentum is very majestic.

Tibetan traditional architecture has a very unique and beautiful architectural forms and styles, with the snow-covered plateau totally magnificent natural landscape

One, gives a simple, magical, the rugged beauty, formed its own unique and distinctive basic features. The main building of the White House and the Red Palace , the main building thirteen , 115.7 meters high , the palace, Buddha, pagoda temple , dormitories and other components. Potala Palace is a calendar Hermitage Dalai Lama , Tibet's local ruling center also past theocratic rulers , starting from the fifth Dalai Lama , a major religious and political ceremonies are held here , but it is also dedicated to the world calendar Dalai Lama pagoda place.

White House across the wings , as the Dalai Lama daily life , there are various halls promenade, fine furnishings , lavishly decorated , painted wall paintings related to Buddhism , more famous hands . Red Palace centered worship Buddha, like Gambo , Princess Wencheng and Nepal princess like foot statue among

thousands of statues, as well as the Dalai Lama dedicated , embedded gold treasure , with colored murals , brilliant Splendor . The entire complex covers an area of 100,000 square meters , housing thousands of rooms , layout, patchwork, reflecting the Tibetan architectural skill of the craftsman . Potala Palace is the center of the Tibetan theocratic regime . Every festival , palace packed with various ethnic Tibetan Buddhism Buddhists , became a famous Buddhist shrine . After the August 1990 rebuilt.

Potala mountain assembled , contigs buildings, temples towering , imposing, has turned out to gas penetration potential of the sky , a solid wall of granite pier thick grass mushroom spreading Pema wall collar, resplendent golden dome, huge gilt vase with a strong decorative effect , buildings and flags , cross matched Hui, red, white and yellow color contrasts segment together to build , building layers of socket type body , embody the charming characteristics of Tibetan ancient architecture . Potala Palace is an outstanding representative of Tibetan architecture , but also for the essence of ancient Chinese architecture.

Today, people in the eyes of the Potala Palace , whether it 's building stone and wood staggered manner , or from the cultural connotations to see the hidden palace itself , can feel its uniqueness . It always seems to make people here too impressed . Unified granite walls ; outer wooden roofs and canopies designed to provoke Alice ; All of copper gilt decorative tile , as well as by the Jing Zhuang , Aquarius , Capricorn fish, Garuda do this ridge decorated embellishment everything seemed perfect match so that the whole magnificent palace . Large hall in the Potala Palace murals also be a unique landscape , in which giant painting art gallery called , both documented the history of Buddhism in Tibet , there are up to 10000 , Princess Wencheng to Tibet process , as well as Tibet's ancient architecture and a large Buddha image of King Kong , etc., that it is a valuable

historical picture is not too much .

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The design and construction of the palace according to the law of the plateau region of sunlight , wide and sturdy base of the wall , the wall base is easily accessible by tunnel below and vents . House with columns, brackets, QT , beams, rafters , etc., consisting of the bracket . Paving and roofing used to be called " A Erga " hard soil, and top each bedroom has a skylight hall , easy lighting , mediation air. There are a variety of carvings on the palace pillar, colored mural on the wall area of 2,500 square meters.

Intrauterine also unique collection of Tibet , on cotton silk thangka painting , and ancient artifacts. Potala Palace was included in the 1961 national key cultural relics protection units , in 1989 conducted a comprehensive construction .

Gong Yu Bonding , tortuous , with organic integration of the mountain , which is the Potala Palace gives the most direct experience . Its appearance has 13 floors up from the foot of a mountain until the summit. Overall construction is mainly composed of the White House in the east (the Dalai Lama lived part) , the middle of the Red Palace (Buddha and the Dalai Lama dedicated the temple) and western white Sengfang (cronies Lama Dalai Lama service live) components. In front there is a white Red Palace walls as the sun sets the Buddha ,

the Buddhist festival which is whenever the date , the place to hang a substantial statues .

As a Tibetan Buddhist shrine , pilgrims every year to the Potala Palace and tourist visitors are always countless. They are generally no word from the foot of the monument from , through tortuous road paved ramp until a huge mural painted Four Diamond east gate , and entered the hall through a wall four meters thick tunnel .

On the hillside, there is a platform of about 1600 square meters , which is the Dalai place to watch dance called " Deyang Ha ." Thus while the escalator by Da Songge profile corridor , then to the White House East 's largest palace hall . There are historical records, in 1653 the Qing Emperor Shunzhi gold book golden seal from Chifeng Fifth Dalai Dalai Lama reincarnation are subject to central government formally canonized , chaired by the Resident Minister for the enthronement , reign and other ceremonies since . Here is the Dalai Hing enthroned , and other major religious ceremony venues reign , political activities .

A bite of Taipei



Taipei, a mysterious land, attracts millions of visitors from home and abroad. What draws me most is the charming Taipei's special snacks. Taipei's delicacies are cheap but tasty. So today let us have [a bite of Taipei!](#)

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class 1

Nowadays, a growing number of people from mainland travel Taiwan to enjoy the local beauty and taste the special foods. When I was a little kid, I have been to Taiwan. Since then, I have fallen in love with Taipei' food.



The most favorite food is Brown the meat bridge. Yanping North Road, Taipei City, "Ciro" ballroom to one side when night comes, you can see three operated by the brother and sister "bridge the meat brown." Stalls before the patrons keep large Luokuang Li thousands of brown meat, one must be sold out at night. Brown meat over thirty years the bridge of history, it frees stuffing rice, not hard-health, not soft Lan pickled, steamed just right restricted level of attainment. A meat price is NT 80 Brown, when making a piece of pork, chestnuts one egg yolk half. Depends mainly on the taste of pork, a selection of meat, pickled material through the seasoning, and

then by deep-fried, stewed and other processes, plumpness Suxiang. Then rice with soy sauce and a variety of flavors with spices fried until the semi when the brown leaves tied up and then wrapped in steaming hot.

Palm leaf sub-layers, the inner layer is bamboo, the outer layer is made of bamboo hats dispute Zhou, can often be used continuously for several times, and have a special aroma and the insulation effect. Brown in an exclusive with sweet chili sauce is prepared, moderately sweet and salty, not spicy Ma, brown on the inside in the hot juice poured out, and immediately distributed the enticing smell, ate two bowls of pork ball field again, on top of the meal was supper.



The original net beef soup is also a good choice! Longshan Temple in Taipei night market is famous snack center. The central part of the night market, the “original net beef soup” sign, indicating that the property with the “land cow”, and must not use the imported cattle, succeeded in attracting customers. “Original net” is the juice, cooking is no longer on the water, drops of pure flavor, sweet delicate meat

Tangxian the United States, is memorable.

“Boss, Pork, beef soup, a bowl of rice again!” Is almost uniform near the greeting diners. Fried beef with garlic, pepper and brisk flavor, and then became quiet on a water convolvulus. Several smoking hot “dog mother pot”, there is juice, and halogen, and add tonic, and some folks extremely busy, they have never been fewer diners. Eat up the most popular ingredient in Chinese medicine to the bullwhip, but it is more dry and hot in the tonic, they might eat to nosebleeds. Stewed tripe and tendon, in addition to decades of inherited “brine”, the medicine is not the time to add spice bag, adding Loach Qiang wire, green onions, basil, dipped in sauce, the most a pleasure.

Night falls, the night mark is gradually starting to come alive. I smiled, and tasted the Taipei’s night life in the crowd.

Milan fashion week, the cradle of fashion



What about fashion in your eyes?

What can we should learn from fashion ? Do you know the Milan fashion week ? OK , now, I will show something about it , I

wish it can bring some help for you

By: Lily XU 130306119 Class 1

[Milan fashion week](#), established in 1958, is part of the Big 4 fashion weeks internationally, including of Milan, Paris, New York, London. Though the Milan fashion week is the latest development one, it has the most influential now. It is held twice a year, divided into spring and summer fashion week and QiuDong fashion week, every time in about a month of around 300 big brand fashion shows are held in the high level that we are likely have enough eyes to see. Not all the brands can make show here, which want to take part in it must thought the audit of the jury, consisting of great masters ,such as ARMANI and WAZENTINO. The top master in fashion field and thousands of professional buyers, and professional media from all the world , which have the incomparable global spreading .

It leads the development of the up-to date fashion. Taking FENDI as an example , the opening show of FENDI is quite amazing in 2014 Milan fashion week, and Cara acts as the opening model , which is the most fiery supermodel recently. The fur accessories in her hand is the typical accessories of GALARIES LAFAYTTE KARL LAGERFELD . This lovely accessories is designed by KARL himself , it is a signal of leather reform.

Not all brands have a long history , so it means that if you want to try ,you have brought forth new ideas , you will have chance to show yourself. MIUCCIA PRADA , which has the reputation of geeks, one not be affected by the fashion trend , his invent and sustain a classic model , which is a kind of camouflage. He adds the different element arty pattern boldly, and he brings the street arts into the middle class . He makes the "Made in Italy"has a new label of noble and elegant.

Milan fashion industrial helps the development of other aspects in Venice, so we it is important for a country to develop fashion. In the Milan fashion week of 2006, there had

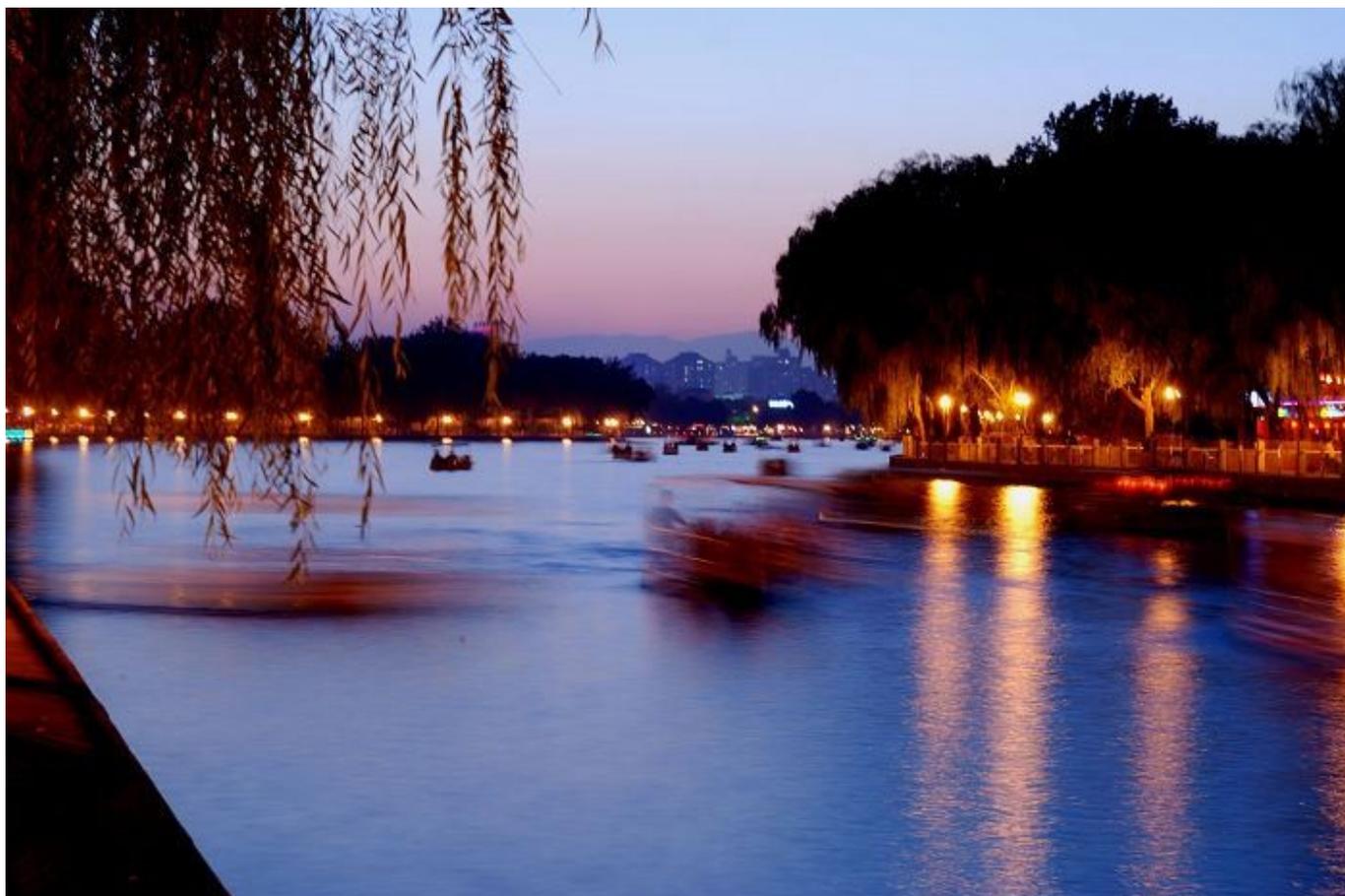
an opening ceremony of “China Day” brand issued jointly. It is the first collective appearance of China, it helps promote the brand culture and changes less number of well-known brands cycle short, the weak independent innovation these present situations in China gradually. Setting up a bridge about fashion communication in different countries will have great contributions to the development of fashion in China. [Liang Zhang](#) is one of the top man models in our country. He has said that “Dad who can not cook is not a good model”. Thanks to a very hot show named “Where are we going , dad?”, he is well known to all the society. He is invited by the many brands to take part in the Milan fashion week in 2014. Though great progress has made , we still not on the top fashion road , a lot things we should do in the future.

Learning from Milan fashion week, fashion has great meaning to both personal and society . Last, what we gain not only something about fashion but think how to make the dream in the display . Everyone has the right to struggle for dream if you want.

http://en.wikipedia.org/wiki/Milan_Fashion_Week

<http://projectpapaonline.blogspot.com/2013/11/introduction-to-celeb-papa-sean-zhang-liang.html>

The unique Beijing



Beijing is an international but deversification city. There are so many interesting places to play, nanluoguxiang, Wangfujing, Houhai and so on. Beijing's lifestyle is very special. Do you want to know it? Follow me!

By: Yangfan Wu 130306235 Class 1

As time goes by, Beijing is gradually rising in the world. It's also becoming more and more popular to choose between living and travelling. As far as I can see, Beijing is a very special city. It not only has high atmospheric urban architecture, as well as traditional classical scenery building. I love Beijing. I hope that through this article, you will fall in love with this place.

Travel in Beijing

First of all, I have to sincerely recommend Beijing's

attractions. As we Chinese know, [Wangfujing](#) is the paradise for shopping. Wangfujing street is the only a walk street in Beijing. Its average daily traffic is 600000 people, the holiday even more than 1.2 million people. Here is the most special of 40 meters wide streets are flowers everywhere. It has become a matter of abundant people today, shopping, leisure, culture, entertainment, tourism, catering, commerce; accommodation is a body comprehensive commercial pedestrian street. So there is only you unexpected, no you can't find.



[Nanluoguxiang](#) is one of the oldest neighborhoods in Beijing, It is the ancient capital of Beijing style in a piece of "jade" intact. There are many small hutongs of different styles and Nanluoguxiang bar street, as well as Beijing's special snacks. It has so many Hutong, I will recommend the best popular –Mao er Hutong to you. When you are walk in the Mao er Hutong, eating the most authentic old Beijing sugar-coated berry and feel the Hutong's comfort feeling, you will love the Beijing. Houhai has a famous bar street. Here you can completely quiet, watching the sea outside, listening to the gentle songs. Or with a group of like-minded friends, enjoying party time, and sleepless in Beijing.

Living in Beijing



Beijing person has a unique life style. Maybe on a second they are still in the rigorous work, they had already left the next second desk ran to the houhai street. This is a rapidly developing city. Young people all the time in work hard, trying to get ahead.

Some old people are quietly enjoying the evening the red leaves of fragrant hill. Maybe you were a successful white-collar work during the day, good at workplace, drink starbucks every day, but night you will with lover to buy food for cooking, enjoy personal time. Beijing is such a unique place. Even under the huge pressure of life, Beijing person also has the confidence to come true dream and live a happy life.

Dream in Beijing

Beijing as the capital of China, has always been the young people's dream place in my heart. It's in our hearts, always shine. Every day there are thousands of young people to sit on the train to realize the dream of Beijing. They would rather live in the basement of Beijing, would rather eat a loaf of bread every day for a living, just in order to look for opportunities in Beijing. Efforts will reap. I believe, Beijing will give a chance to hard-working man to come true his dream.



This is Beijing, but not all of Beijing. I hope you can through this article know the unique charm of Beijing, feel my heart like me, deeply in love with Beijing.

Qingdao—the Cradle of Beer



When it comes to wine, many people combine it with personal emotion. It plays an important role in several occasions. Drink it for easing the pain of losing someone or enjoying ourselves in a birthday party. These affairs usually happen among us, but have you seen people who drink wine especially beers as water? Whoever you are, man, woman, or even a child can drink beyond your imagination. Qingdao is such a place, it has a very attractive and special beer culture. If you meet with a man having a “beer belly”. Don’t be shy, laugh out.

By: Qian Zhou 130306231 Class 1

Qingdao International Beer Festival—The Carnival of Froth Blower Around the World

During the [Qingdao International Beer Festival](#), your mouth and your big belly are treasures. Doubting it? Reasons are as follows.



Merchants take out their valuable wine one after another, and promote a series of events to feedback visitors. If you buy two bottles, you will get three, and so on. Each tent spare no effort to solicit customers, they hold several interactive events to mobilize people's interest. For example, in the tent of Belgian beer at the white, visitors can exchange one yuan for a beer bottle cap, you can get a bottle of "Corona" as long as you throw bottle caps into a vat a few meters away. In addition, movies will show on the screen in the stage for tired ones at noon, all you need to do is relax yourselves.

When drinking them with white froth, smooth and harmonious, it feels like placing ourselves in the waves. It's a carnival for everybody, women can challenge real men. Series Taiwan fruit consumption of beers are specifically catered to women, so that they can indulge without getting drunk. The best way to blend in with the crowd is drinking while laughing, never touch a drop means killing yourself! Come on, join us! As an old saying goes, "If we are in good relationships, cheers!" Review the past, so many people found the right one to share their life with in the special time, leaving the place too much romance and love.

Delicious food is also indispensable, Qingdao international beer festival is not only the feast of beer, but also a gourmet's big party. Insects from Luxi feast, including scorpion, golden cicada, locust, pasha worm. Dare to eat? Dare to challenge yourself? Meanwhile, Alaskan king crab is abundant in crab meat and roe, it makes feel hungry at once. Furthermore, Seafood Latin fruit, Harbin ice porridge, Thailand tapioca pudding are waiting to cool you. Just be well-prepared, and then feel this moment.

Splendid Moments Consist in the Beer Festival

Dancing time

Put your tankards down, and look at here, a dance team is marching, with plenty of dancers coming from all over the world. The only reason for them to stay exciting is drinking beers. Women are dressing Bikinis, decorated with some beautiful fallals, and wearing colorful feathers on their head, while men beat small drums, echoing each other all the way. What's more, clowns are ready to tickle you if you ignore them! Turn to the stage, girls are dancing Hula-hula hand in hand, countless young men are screaming, it seems that they can't wait to take pictures.



Acrobatic Show

Not only the dancing will catch your eyes, but also will the acrobatics. You are lucky enough to watch rare performance from other countries in here totally. Can you imagine? Even a little girl can use a large water tank to lift a strong man

without any help. There are excellent performers, don't mean to clap your hands!

Crazy Carnival at Night

Night falls unconsciously. Since the opening of the carnival, the tourist flow is in the peak this time, the ticket booth, gaming devices, almost in everywhere, people are all in long lines, waiting for the last crazy moment. Everyone there has one chance to draw a lottery to be the owner of Mendelssohn piano. On one hand, you can feel the thriller of danger, on the other hand, if you are able to own the first award, you can still have free lessons for three months in the music museum, furthermore, a VIP card of a "out of print" music story meeting which is specially made for the beer festival will be given to you!

Qingdao embraces the whole world, bold and unrestrained. The 23rd Qingdao International Beer Festival will be held from August 11th to 25th this year, know more information about it, please click <http://vip.qingdaonews.com/travel/201309/pjj/>

House story in Vienna

Danni He ,claa1 ,120210230



Vienna is known as the “Country music” and “National Construction”. Light and romantic Vienna seems to be the source of all life, well preserved old urban has many beautiful Baroque architecture, Renaissance and Rococo architecture, Viewing from any angle, It will bring you a different mood, Music is always lingering in the air, Drifting schloss schoenbrunn, drifting The Golden Hall, drifting The Danube,

Vienna is the capital of Austria, at the same time, one of the 9 federal states is Austria, Austria is the largest city and the political center, located on the banks of the danube.They created the arch under the coverage of the internal space, a single space have a solemntemple, sequence combined space hierarchy, change the Royal Bath, and the Brazil basilica one-way depth space. The importance of some buildings interior space art processing more than the external shape.For tourists, Vienna is in different poses and with different expressions look. Music admirers as a concert and make light of travelling a thousand li, came to visit the temple of

music. For many tourists, walking is very exciting in the charming danube.

If you want to travel alone, and relax ,and photography, please go to the Vienna , It has been quietly waiting for you, It does not give you too much noise interference , Of course, It does not make you confused and distracted. It is like an old man that experience all things, It is charm, delicate and it have a style of ones own. It will bring you a new resonance.

<http://baike.baidu.com/subview/10074/5455100.htm?fr=aladdin>

Ocean Heaven — Boracay



Hey, have you ever heard of an island which is called

“Boracay”? An amazing place which won the first prize in the Yahoo Tourism “the world’s most popular beach” award in 2007. The wonderful views really caught my sight when I looked through some pics of Boracay taken by a friend of mine. So, I travelled there with my family this February during winter holiday. To my surprise, Boracay is not only an “Ocean Heaven” with beautiful scenes, it also gave me some unforgettable experiences when I got along with some islanders there.

By:Keren Huang 130306243 class2

Boracay is in the middle Philippines and belongs to the Province of Aklan. Cause that it’s not very far from my hometown Hangzhou, so the whole flight tour just cost us no more than 4 hours. After arrived at the Kalibo Airport, we took a ship to our final destination—Boracay.

Blue sky, blue sea and countless sailing boats, these constituted my first impression of Boracay. On the beach, there were lots of tourists from different countries. Some of them were enjoying the fantastic sunshine, others were swimming in the sea. What’s more, the sand in Boracay is pretty special, its grain is smaller than other kinds of sands and if you put your feet in the sand, you will feel a little cold. There were many children building their own “sand castle” on the beach. We walked along the beach, the clear fresh air made us feel relaxed and comfortable. Many sailing boats were working in the sea, some local fishermen and tourists were having fun in doing some fishing. There are various of tropical fish in the sea, it is not very hard for us to catch many strange-looking colorful ones. When felt tired, we bought some fresh orange juices, lay on the beach, enjoyed the soft wind and the warm sea wave.

Boracay is also a “food heaven”. In E’mall, we could eat many delicious foods from other countries, like the Greek food, Italian food, Japanese food and so on. In addition, there is a big seafood market in E’mall, we bought some food and found a

restaurant to cook them for us, of course, really really yummy!

When we travelled in Boracay, we did receive many help from the local people. They are all very warm-hearted and willing to help others. The first night we arrived in Boracay, we lost our way to the hotel. Luckily, a kind local old man helped us to find our hotel although it was very late in the evening, I was really moved by his behavior. When we went shopping, shop assistants always smiled at us and chatted with us whether we bought something or not. I met a humorous waiter in a seafood restaurant, he told me many interesting stories of Boracay and even volunteered to be a guide for us, we shared many jokes with each other.

To be honest, I felt very sad when left Boracay. The view of the beach, the fun of catching the fish, the happiness of chatting with local people...I would keep all these memories forever.

When left the Boracay, my mom said:

“Boracay just like heaven.”

“[Ocean Heaven](#).” I added.

A precious gift from God, a bite of Shanxi: Noodles

The precious gifts from God:

In general, northerners prefer noodles while southerners prefer rice in China. The situation is more typical and obvious in Shanxi Province.

Vinegar and pasta are the most essential food of Shanxi and also the precious gifts from God. People who grew up in Shanxi are fed with noodles. Shanxi people have a special emotion for pasta, one who far away from home always misses the taste of noodles from mom. For them, it's the best.

Shanxi province is not only the world's earliest and largest agricultural area of origin, but also the birthplace of pasta culture. Counting from time to verify that there are about 280 kinds of pasta categories in 2000 years of history.

By: Hanyu Qie 121106136 class 4

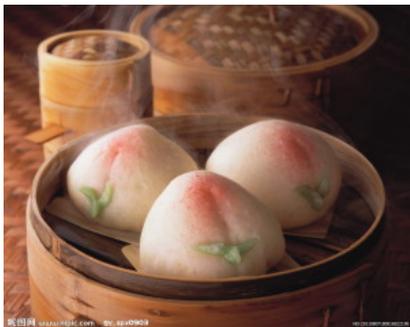


Shanxi_Pasta

I & Pasta

I am a native of Shanxi loving Pasta so much especially for noodles. For me, for my family, for my neighbors, even for the whole people of city, noodles are considered as the best food that can make us feel happy. When eating noodles, we have a variety of fried vegetables. Before eating, we will mix them (fried vegetables and noodles) up, add a spoonful of vinegar and finally decorate with sill or coriander. The color and the great smell of noodles can quite stimulate your appetite. They love noodles, very anxious to eat noodles have three square meals a day.

In my life, my family is good at different kinds of noodles. My grandmother is good at LaMian (Ramen/ Hand-pulled noodles), she is pretty skillful because making LaMian needs pretty good skills. In a word, Rome wasn't built in a day. So we can imagine how hard to make it. My mother can make sliced noodles, it's perfect! Every time I eat it, I was moved almost to tears. I just feel full of happiness. And as for my boyfriend, the udon noodles he made are the most delicious udon noodles that I've ever tasted.



When I was a child, I remembered that my mother taught me how to make steamed bread, all I need to do just roll the dough into a ball, and then waited for 20 minutes to steam them. But what enjoyed me most was learning to make flour sculpture. When I make the dough, I can make it as all kinds of shapes, rabbits, mice, hedgehogs, turtles... as long as I could imagine. Until now when I recalled those days, I just can't stop laughing. The process is so interesting and I did learn the skills to make this delicious pasta.

Sliced Noodles (Cut Noodles) —The Soul of Pasta

Because of its unique flavor, sliced noodles of Shanxi are

known at home and abroad. Noodles are all cut by knife, so people name them Sliced Noodles or Cut Noodles. Sliced noodles particular stress the speed and shape. Chef stands before the pot to cut noodles, one hand holding the noodles, the other hand holding the knife to cut from the top down. Good cook can cut about two hundred times per minute. The length of each side leaves are exactly six inches. The noodles ear thick in the middle and thin in edge, and they are as slim as willow leaves. Soft and not sticky, the more chewing the more fragrant are the features of Sliced Noodles.

How to make a bowl of Sliced Noodles by your own?



Main ingredients:

flour, water(the best proportion is 10:4.5)

Process:

1. Put the flour and water together to make dough.
2. Use adequate amount of dough and change them into cylindrical shape.
3. Use a knife to cut the cylindrical dough. After boiling for 3 minutes, you can enjoy the Sliced Noodles.

All kinds of Steamed Bread



Colorful_steam
ed_bread



Zamian_steam
ed_bread

Zamian steamed bread is a very nutritious food, which is made of corn.



Flour_sculpture

Flour Sculpture

Hundreds of years ago, while making food, people had tried to make it beautiful, as well as delicious. They made the steamed bread or other kinds of cake into different shapes. And these cakes and bread are the so-called "flour sculpture" today. There are mainly three types of flour sculptures in Shanxi, namely White Flour Sculpture, Colored Flour Sculpture, and Baked Flour Sculpture.

Restaurants and Food Areas: The Food Street

LOCATION: The Food Street on Fudong Jie

- The best place in town is probably the food street on Fudong Jie. This hundred-meter-long street is lined with all kinds of restaurants housed in both mock and real ancient Chinese architectural structures. On the road, besides the ordinary restaurants, you may also go to all kinds of ancient Chinese bars and specialty restaurants.
- To sample the most authentic mutton soup, you should go to Qingheyuan Restaurant (Qingheyuan Fandian) on Qiaotou Jie.
- Linxiangzhai Restaurant (Linxiangzhai Fandian) is known mainly for its authentic Henan cuisine.
- Yingze Dajie has quite a number of decent restaurants serving good local dishes. Hotpot dishes are particularly good here, as well as a profusion of noodle restaurants.
- At night, you may go to Shipin jie north of Yingze dajie, where lines of small restaurants are doing a booming business.

[LINK: <http://jishi.cntv.cn/program/sjsdzg/>]

Travelling in Hangzhou



Just as the saying goes “just as there is paradise in heaven, there are Suzhou and Hangzhou on earth.” Hangzhou is the capital of Zhejiang province and it’s a political, economic and cultural center. With its famous natural beauty and cultural heritages, Hangzhou is one of the important tourist venues in China.

By Yeting Huang 120507134 Class1

As we all know, the most famous tourist destination in Hangzhou is the West Lake. So first of all, we’re going to the [West Lake](http://www.visitourchina.com/guide/west_lake.htm). [http://www.visitourchina.com/guide/west_lake.htm]

West Lake is the symbol of Hangzhou as well as one of the most beautiful sights in China. The lake is known for its ten famous attractions: Autumn Moon on the Calm Lake, Spring Dawn at Su Causeway, Lotus in the Breeze at the Crooked Courtyard, Listening to Orioles Singing in the Willows, Three Pools Mirroring the Moon, Watching Goldfish in a Flowery Pond, Snow Scene on the Broken Bridge, Double Peaks Kissing the Sky, Evening Bell Ringing at Nanping, and Leifeng Pagoda in the Glow of the Setting Sun.

Leifeng boasts a ZhuanDa west tower, also says. In the southwest, south XiZhao Mountain pingshan day world net Keats comet under peak temple before. The King of Yue Dynasty boasts for his queen give birth to ZiJiang, built HuangFei tower

"name" early to build world, for posterity was renamed as "coasts". Old tower collapsed, already in 1924 has rebuilt. Then ,let me show you another famous tourist :the broken bridge.

Though the name of the bridge dates back to poems in Tang Dynasty, the bridge became famous because of one of the best-known love stories in Chinese folklore. According to the legend of White Snake, the beautiful girl who was actually a white snake met Xu Xian on the bridge in the rain and they fell in love with each other and an umbrella they used became the symbol of their love.

The bridge was also the scene where they made up after a long series of ups and downs. Thanks to the love story between the human and the immortal, the broken bridge attracts numerous visitors and has its legendary reputation spread far and wide all over China.

The name LingYin comes from its naturally quiet surroundings. Located at the foot of the LingYin Hill northwest of HangZhou, Lingyin Temple was built in the Eastern Jin Dynasty. It is known as the Buddhist Kingdom in the Southeast ,with lush hills,clear springs and streams as well as beautiful trees and many historic relics and caves.

if you want to relax yourself and away from the city noise,i am sure that Hangzhou will give you a unique experience of travelling in Hangzhou.