MMORPG (Massive Multiplayer Online Role-play Games)



MMORPG is quite popular these days, It has its own charm that attracts more and more people to join MMORPG. Liu Ziwei 121106124 Class 3

As the internet develops fast, more and more company pay more attention to online games, so more and more MMORPG(Massive Multiplayer Online Role-play Games) come into players' sight. MMORPG is quite popular these days. In my opinion, almost every young people have the experience of playing MMORPG.

MMORPG, as the word says, it's a game that lots of people can play it together online. Players earn money in the game to buy things they like and to kill monsters to improve the character's skills and level they create in the game. MMORPG is more than a game, it's more like an unreal life in the world of internet, people play and live in the world which the

game has provided. And the company of the game will try their best to improve the quality of the pictures and game play in order to give the best experience to players and have more players so that they can earn more money.

MMORPG like WOW(World of Warcraft) and Blade and Soul are quite popular all over the world. And there are more than ten million people play it online in the same time. So I think that no young man will not want to have a try. You may ask “ how to play MMORPG?”, I can tell you that it’s quite easy. All you need is a not bad computer and a fast internet. First, you need to create your own character. Second, you need to read the windows tutorial and follow it to know the request of this game. And then you can begin enjoying this game. You’ll feel like living in an unreal world full of craft and magic. You need to improve your skills to beat enemies and work with your allies.



Why MMORPG so popular? The answer is quite easy to give, because young people want to have a different life. MMORPG provides players with a different life in different world. They can live, they can kill monsters, they can make friends with others, they can beat boss together with others. And they don’t need to worry about social position in the game because everyone in the game need to start from zero. The game give a

chance to everyone to become a hero, to become a leader, to become a winner. That also satisfies a lot of people's vanity. We live in a peace world, but MMORPG is always full of battle, so lots of people make their dream come true in the game like to command the battle between enemy side. Players even can marry in the game, play the game with your love online is quite good, isn't it? That's why MMORPG is so popular.

Play MMORPG don't need a lot of money, you can enjoy the game freely so long as you like the game. You can live a different life in the world of internet and have lots of friends in the game and fight for your dream together in order to come to the top of the world of MMORPG or just for fun.



MMORPG is quite good for people to relax, why not download one and have a try. I believe you won't regret to do so.

Chasing The Spring In Monet's

Garden—An Art Exhibition



“Besides gardening and painting, I don’t know a thing”.——Monet

Lately there’s an art exhibition called “Master of Impression—Claude Monet” held in Shanghai, which contents most of Monet’s famous artworks like “Water Lilies”, “Wine of Bordeaux” and “House of Parliament” . Additionally some of his collections and personal belongings are also on display.

By: Zhang Yao 110909221 Class 2

This art exhibition started at 8 March in K11 Art Space and it will last until 15 June. All the exhibits are provided by Marmottan Monet Museum, 52 paintings are divided into five themes, named as “Monet’s Friends”, “Monet’s Caricatures ”, “Monet’s Voyage”, “Monet’s Garden”, “Monet’s Ultimate” based on a timeline of Monet’s life, displayed in two showrooms. The first showroom mainly includes his earlier works and landscape

paintings, can be considered as a preparation for his Garden works. The second one mostly contains his later works created in Giverny when Monet reached the peak of his career, with flowers and water as the subjects. At the first weekend it has attracted more than 6,000 art lovers. The set decorator Margo thinks that Monet’s art has the power to make people slow down and feel it, approach it.

In the first part you can see some paintings from other impressionism masters. Like Eugene Boudin, Monet’s first teacher on oil painting, his “La Plage De Trouville” is on show. Also one of Renoir’s most famous paintings “Blonde Node” and some other portraits. These paintings used to be Monet’s private collections and also, serve as witness to his friendship. The second part is kind of interesting. People once knew Monet well for his caricatures, and the most famous one is “Wine of Bordeaux” showed on this exhibition. Additionally, Monet’s palette, pipe and glasses, all these personal belongings make this display area more meaningful. The third part, however, is consist of 14 landscape paintings created during his tour. This period plays an essential role in Monet’s painting career, he painted the same scene over and over in various lights and different times. In that, most of his paintings in this period are known to the world.



One part that really impressive in this exhibition is the series of water-lily and the Japanese bridge paintings created in Monet’s old age, his most depressed period. Monet spent the rest of his life at Giverny and his garden seems to bring a great inspiration. Especially the series of “The Japanese Bridge” on show. You can see him played with light and shade, changed canvas with the changes of light. So the cross of light and shade created flexible tone on these paintings. With the falling of eyesight, the use of color in Monet’s paintings are also getting deeper and bluer, leading to a unique style

on his



The most interesting thing is, people always can not recognize the motive of his bridge paintings immediately, but after they look at the name and observe it again,people start to marvel at how amazing they are. Even you are familiar with artworks in some other way, you may still experience a number of surprises and feel touched at the moment you facing them. So while the sun is shining, while the spring breeze blowing, it is time to find the beauty in Monet’s garden, feel the art in your soul.

Ron can sing? It is Ed

Sheeran!



With The Hobbit: The Desolation of Smaug showing, The song I See Fire become popular around the world. Many people in China began to knew this talented singer, Ed sheeran. The interesting thing is lots of Chinese people already heard his song in 2011, but few of them know the song was made by Sheeran. In 2011, Sheeran's music video Lego House was popular in China, people all liked it and shared it on the Internet. Somehow most of them said "Whoa! Ron turned to a singer now! And his voice is very nice! ". They believed that this song was made by Rupert Grint, the one who act as Ron Wesley in Harry Potter.

By :Zhang Yarou 110909237 Class 2

It's a funny mistake which result from the complicated story in the video. The video's narrative at first portrays Grint as Sheeran, performing such activities as writing lyrics for the

song on a pad of paper, lounging in his tour bus, and ultimately taking the stage for a cheering crowd. However, after Grint takes the stage and is immediately tackled by security, it is slowly revealed that Grint is actually a doppelganger of Sheeran and an obsessive fan, and that the events of the video were actually him stalking the real Ed Sheeran with increasing severity and mental instability (writing the song was actually transcribing the lyrics from the album cover, and lounging in the bus was him breaking into it), ending with Sheeran and Grint meeting as Grint is forcibly removed from a music venue and Sheeran comes out of an elevator.

Besides, Rupert and Sheeran looks so similar to Chinese people. So they strongly believes that this song was made by Rupert. The music video was so popular on the internet. Ironically, they even not know who is the real singer.

But to fans of Taylor Swift, Sheeran ‘s name may be more familiar. He made a guest appearance on Taylor Swift’s fourth album,Red. And he spent much of 2013 touring North America as the opening act for Taylor Swift’s Red Tour. They are amazing partner and have a great cooperation.



At the 2013 Grammy Awards, The A Team was nominated for Song of the Year. And he performed the song in duet with Elton John during the ceremony. They showed us a perfect cooperation and taken a different The A Team to us. Through the ceremony, more people in China knew Sheeran.

In 2014, Sheeran’s song I See Fire had a great success in China. Till that, much of people started to know him and search his name on google. Then they realized that Lego House was made by Sheeran rather than Rupert Grint. This talented singer-songwriter from British surprising Chinese with his amazing songs. His songs are mixed folk songs, pop , new wave and hip hop beast. It makes his songs so touching. And his voice just like your love whisper to you. No wonder people will like his songs. There is no question that he will become a new super star in the future. We are looking forward to more great songs from him.

Town of Murals

Sheffield in Australia was a relatively backward area. However, the residents of Sheffield revitalized their homeland by Art. After discussing how to reform and innovation, at last some residents proposed to develop the tourism in order to attract more people to come. An inventive style of Art—Draw mural painting came up later. With the remarkable improvement and great effort, the town has realized its blueprint.

By: LanYing Huang 130907216 Class2

Inspired by the story of Chemainus, a small Canadian town that had through mural art, rescued itself from ruin, the Kentish Association for Tourism (KAT) worked valiantly on the vision to combine the arts and tourism to revive and reinvent the town of Sheffield.

Sheffield has become a major tourist attraction due to it being promoted as a "Town of Murals",[5] based upon the instrumental contributions of the Kentish Association for Tourism (currently known as Sheffield Inc) and local tourism pioneer Brian Inder.

The first town mural was painted in Sheffield in December 1986. Since then over 60 murals depicting the area's rich history and beautiful natural scenery are painted on walls scattered throughout the town and buildings along the roadside. The murals attract an estimated 200,000 people to the town annually.

In the heart of Sheffield, there are a number of studios open to the public where visitors can watch the artists as they do their work. There are artists of every discipline, including photography, fine art, glass, woodcraft, pottery, ceramics and specialised crafts.[8]

The International Mural Fest art competition has been held

annually since 2003 and returns in April each year. A poem is selected which the artists use as their inspiration. After each competition the 9 finalist murals remain on display at Mural Park for approximately 12 months until the next competition.[9] In 2012, an interactive mural and workshops were added to the artistic activities of the festival for the Mural Fest 10th anniversary celebrations.

Murals can be a relatively effective tool of social emancipation or achieving a political goal. Murals have sometimes been created against the law, or have been commissioned by local bars and coffeeshops. Often, the visual effects are an enticement to attract public attention to social issues. State-sponsored public art expressions, particularly murals, are often used by totalitaruan regimes as a tool of mass-control and propaganda. However, despite the propagandist character of that works, some of them still have an artistic value.
Murals can have a dramatic impact whether consciously or subconsciously on the attitudes of passers by, when they are added to areas where people live and work. It can also be argued that the presence of large, public murals can add aesthetic improvement to the daily lives of residents or that of employees at a corporate venue.

Other world-famous murals can be found in Mexico, New York, Philadelphia, Belfast, Derry, Los Angeles, Nicaragua, Cuba and in India.

http://en.wikipedia.org/wiki/Mural_painting

The Guilin rice noodles: Special Noodles for Special You



When it comes to Japan, we might think of the sushi. When referring to America, we will have hamburgers in mind. While talking about Korea, kimchi must be the symbol food of the country. The same case, when we mention Guilin, a city in Guangxi of China, the Guilin rice noodles will occur to us at once. There is a diverse range of food in different countries. The story I write is about the local special food in Guangxi, Guilin—Guilin rice noodles. It will tell you the origin and features of Guilin rice noodles. In addition, you can also learn some cooking methods from the story, especially for someone who adores the food.

By: Fang Ming 120112103 Class 2

You might ask, “Are the Guilin rice noodles different from others?” The answer to it is Yes. Guilin rice noodles have their own features. There are a lot of legends about the origin of Guilin rice noodles, and they’re kind of mysterious. In fact, the history of Guilin rice noodles would date back to

the Qin dynasty. The first emperor of Qin, Yingzheng, moved his armies south to have a fight. Because of the large difference of north and south, the soldiers of north are unaccustomed to the food in south. They liked wheaten food, however, south is teem with rice not wheat. To solve the problem, the cooks made the rice into wheaten food by squeezing them out like noodles. It's said that the rice noodles were made by the Yao nationality, one of the minorities of China. So the Guilin rice noodles came into being. Soldiers used to eat the special noodles with medicine soup to keep healthy, and the medicine soup is the rudiment of brine nowadays.



The brine of Guilin rice noodles consists of fennel, orange peels, anise, betel nuts, liquorice and the rest which can treat the disease. There is no doubt that the Guilin rice noodles are benefit to our health. Because of the difference in seasoning and cooking methods, it can be classified as rice noodles with braised food, rice noodles with lettuce and rice noodles with beef brisket and so on.

It's easy to cook the Guilin rice noodles at home. You can buy the rice noodles directly from markets or noodles shops. You should prepare some brine and vegetables, you might also buy the specially-made brine from the shops. There are several simple methods to make the dish:

1) Scald the rice noodles in boiling water, and you should stir them with chopsticks at the same time.

2) Ladle the noodles out into the bowl.

3) Add some brine and vegetables into the noodles, you can sprinkle other relish in accordance with your taste. In

Guilin, we usually add some acid kidney beans or bamboo shoots.

So the dish is on the well. It’s quite delicious as well as healthy and it’s worth tasting. As the saying goes that “Guilin’s scenery is the best in the world”. So you will also enjoy the attraction of the city’s food.



The Guilin rice noodles shops can be found everywhere in China. An increasing number of people know about the rice noodles and the city, Guilin. The festival of Guilin rice noodles has been held annually since 2007. It’s combined with tourism and culture. It plays a dominant role in cultural communication. If you have a chance to travel to Guangxi, you might as well enjoy the special food——Guilin rice noodles. If you are interested in it, you can search some information about the Guilin rice noodles via the link.

The Hollywood music Godfather John Towner Williams

When it comes to film music，I have to introduce you the Hollywood music Godfather John Towner Williams. Williams has won 5 Academy Awards, 4 Golden Globe Awards, 7 British Academy Film Awards and 21 Grammy Awards. With 49 Academy Award nominations, Williams is the second most-nominated person, after Walt Disney. Do you want to know why the Williams has become the Hollywood music godfather？

By 130907124 XuemengZheng



John Towner Williams was born in February 8, 1932. He is the one of most successful film composer. At 1980, he was appointed as the Boston Pops Orchestra nineteenth commander, since 1993 has served as the orchestra conductor emeritus retirement. At the same time also served as the artist that the Boston Symphony Orchestra the Tangle wood Music Festival.

In a career spanning over six decades, he has composed some of the most popular and recognizable film scores in cinematic history, including Jaws, Family Plot (Alfred Hitchcock’s final film), the Star Wars series, Superman, the Indiana Jones series, E.T. the Extra-Terrestrial, the first two Home Alone

films, Hook, Jurassic Park, Schindler's List, Saving Private Ryan, the first three Harry Potter films, Catch Me If You Can, Memoirs of a Geisha, War Horse, and Lincoln. He has had a long association with director Steven Spielberg, composing the music for all but one (The Color Purple) of Spielberg's major feature-length films.

In Jurassic Park the classic science fiction movie ,he combined the piano and string together, to create a magnificent scene, warm emotion and vitality primitive. The Schindlers List soundtrack is one of the most classic works and breakthrough in transition. He didn't use a large Symphony that he has been good at, but with a violin solo as the music tone, echoed this piece of black and white photographic style with a documentary temperament. Indisputably won the best soundtrack award in academy again.



After the movie "Great white shark" get a huge success, Spielberg's brother Lucas at a cost of 10 million dollars, take the science fiction film" Star Wars ". Lucas asked Spielberg who is the music soundtrack master, Spielberg didn't hesitate and said:" John Williams!" John think the movie should use the romantic music to let high school boys watch conviviality. So he wrote a "empire" style of music, but also to the London Symphony Orchestra hundred ensemble. Soon afterwards the film sold worldwide and the soundtrack is very popular.

The last time John Williams received two nominations at the

same time in 2001, when the “artificial intelligence” and “Harry Potter and the Sorcerer’s stone” soundtrack are both listed. Meanwhile, John Williams also appointed as the academy awards commander. Therefore some people specifically asked that year the academy ceremony director Michael Seligman: if the Williams won, he would speak all the time as long as he wants. Because the band is followed him, he did not command, the band can’t remind winners speech timeout. However Michael Seligman replied: “no, we prepared the tape, if the timeout we will put the tape on the music to reminds him.” Of course, the last tape is not playing, because that year the “ring king” Howard Seaan beat John Williams.

What you don’t know the movie world clothing ?

” Oscar ,” the official name is ” Motion Picture Arts and Sciences Award” , established in 1928 , by the ” King of Hollywood ” , the founder of MGM Meyer (Louis B. Mayer) initiated the establishment of the American Film Arts and Sciences (Academy of Motion Picture Arts and Sciences) award . As one of the most pleasing Award – Academy Award for Best Costume Design Award (Academy Award for Best Costume Design), the Motion Picture Arts and Sciences awarded a special annual award for outstanding costume design achievements in film . The award was first presented at the beginning of 1949, the reward for the 1948 movie of the 21st Academy Awards ceremony .

Initially, costume design award and was also photography, art

direction award , is according to the award of separate black and white and color film . But in 1958 , held the 30th annual Academy Awards ceremony , which unified the three award a prize . However, this approach only lasted two to the 32nd Academy Awards ceremony , and again separated into two awards and has been maintained to the 39th so far. From the beginning of the 40th , three awards no longer separated by black and white and color film

With the movie started the fashion brand

Movies and clothing are carriers of social information , is involved in the spread of popular culture media . Costume design for promoting film culture , especially fashion plays an important role . Movie coming from the stigma of the times become , through film , fashion ‘s ideas into the public’s lives.

Worldwide, the premier of the movie costume guru must ultimately Armani, he is not only in the clothing field created his own empire , and since 1980 , he has served more than 60 films for fashion designers . Which we are familiar with have ” Natural Born Killers “, ” American President “, ” pregnant in September ,” ” Stealing Beauty ” and so on . Armani became a Hollywood screen up and down two brilliant designer. Armani brand is not beginning to break into the ranks of the top brands , turning in 1980 , Armani -designed Armani men then ” power suit” come out of this set of Armani clothing available to “American Gigolo ,” the actor Richard Gere , along with the film’s debut screening , broad shoulders and large lapel design to many viewers were impressed , Armani brand is also a star-studded Hollywood this city being sought .



Since then, Armani began a long collaboration with the movie stars, and even designed a lot of theater and dance costumes. In 1982, Armani became the second since the 1940s Christian Dior, the first crowned “Time” magazine cover of a fashion designer. As Armani said: “All the originator of the trend can be dug in the screen in the foundation.” Classic movies can often lead fashion trends, celebrity with high visibility and high attractiveness, while the star in the movie costumes also with the role of shaping The success of popular, designer and co-star in the film was undoubtedly the most successful examples of Givenchy and Audrey Hepburn, the two of them I Romance is still passed for the elephants – Givenchy dress beautifully shaped Hepburn perfect screen image, and Audrey Hepburn in the film’s wonderful interpretation of accomplishment Givenchy brand of charm. In 1954, Audrey Hepburn wore in “Sabrina” (Sabrina) in Paris, the famous fashion designer Givenchy-designed boat neck gown skirt, elegant image of mesmerizing the audience, set off a massive “hot Hepburn.” In “Sabrina”, the character played by Audrey Hepburn is Sabrina, she is very beautiful. The first half of the movie Sabrina The performance is a naughty boy ‘image, so put on a casual pant. Therefore, it also has another name, called “Sabrina pants”, now it ‘s selling momentum is still as ever. Audrey Hepburn wore in the film that piece elegant flower dress is a classic Givenchy. Organdy layer Zhixie down from the waist, blouses, skirt and skirt are embroidered with floral diagram eighteenth century style ornaments, drag skirt portion constitutes oval graphics, rimmed with black organdy pleated, silk lining, waist using hook eye fastening. Audrey

Hepburn elegance and innate taste for clothing, and Givenchy to create the perfect combination of elegant and stylish master handwriting, creating a fashion immortal myth – “Hepburn style.”



Important role in the movie costume for movies

Color, style and fabric is composed of three elements of clothing. Movie costumes design has a clear design objects and functions, and therefore not only pay attention to the effect of wearing costumes and production process operability, should grasp the overall effect of clothing in the final movie screen. Get 79th Academy Award for Best Costume Design American movie “Marie Antoinette”, the clothing

Is based on the modeling designer Milena Canonero Queen of France Marie Antoinette’s life and the prevailing artistic trends design. Rococo style full of gorgeous costumes, pink bell-shaped skirt, the luxurious feather cuff, exaggerated glamorous hairstyle, and a variety of patterns embroidered silk fan, etc., colorful variety of shapes showing the “luxury Queen “glamorous life, enough to confuse people’s attention, but also to 2006-2007 fashion has been a source of inspiration upon which to draw.





Movie costumes designed around person, especially pay attention to “people clothes one”, need to play the role of the actor and the role it plays in both departure. Film “Memoirs of a Geisha” with its gorgeous clothing colors make the world experience the charm of Asian culture, access to the 78th Academy Award for Best Costume Design, kimono play more than 200 sets of Hollywood’s premier fashion designer Colleen Atwood design. As an American, Colleen Atwood this “creation” is not a simple copy of Japanese traditional costumes, but on the basis of respect for the traditional costume colors, fabrics and styles, and many were in line with modern Aesthetic improvements needed to create a fresh visual effects. Actress Zhang Ziyi plays Sayuri is called “girl band hit the water,” which, like life, like a river twists and turns, ups and downs.

So, Colleen Atwood for her kimono design pattern based mainly on the water, the most sophisticated set of gray-blue kimono, the above pattern is a waterfall, have been pouring into the side skirt. Colleen Atwood has changed the shape of the kimono

belt, making actresses look more slender curves, she deliberately lowered after a kimono collar, so that more actresses exposed neck curve, which was the Japanese people are very bold, but a Western point of view, it means even more sexy. 2006 spring and summer after the release of the film, many fashion designers are from the full flavor of the traditional Japanese kimono learn by unraveling after the change, and through careful layout, filled with stylish piece together a new generation of Japanese-style costumes. As the improvement of traditional kimono sleeves into the big wide dolman sleeves; kimono drag short length also changed to knee; kimono back to the big wide belt replaced bow tie knot, chest and dotted dress shirt collar; from kimono wide belt was inspired to promote “girdle” hot, highlighting women charming waist ……







Television clothing with elaborate plot, passing mood, heighten the atmosphere and create a scene , highlighting the distinctive characteristics of TV drama theme and atmosphere according to the story , features prominent figures to make the characters more three-dimensional and vivid , creating a specific artistic atmosphere , the more important is its spiritual connotations beyond the visual beauty of the surface. Won the 70th annual Academy Award for Best Costume Design “Titanic “, the rich people four times a day to replace the dress , not only provides an excellent stage for fashion designers, but also the erosion of the old aristocracy and the vanity of life portrayed penetrating . Another big blockbuster “Schindler ‘s List” won the 66th Oscar nomination for Best Costume Design , when the protagonist played Schindler , the lens on his shiny shoes, suit and refined to give a series of large fireworks Close-up , demonstrating Schindler’s taste in clothes and identity hierarchy. World War II , the German officer who held the ball, rotate the lens to capture dancers

Skirts , the success of the fascist Nazi who express a glamorous life, and brutal war front in stark contrast to Schindler in the war made □□the decision foreshadowed.



Law of the Oscar for best costume design

Looking at the list of winners in recent decades, the world has a costume Oscar law: costume dramas far greater than the odds of winning a modern piece. Since 1968, the first since the start of the 40th Academy Awards, Costume Design Award was awarded to only two times the background of contemporary film, and the rest are winning film history theme (costume pieces). The color of the costume drama movies usually have a sense of epic pictures, visual images gorgeous, full of color and tone details, such films usually historical biography, mostly pieces court, often involving politics, history, culture and fashion at the time, its rich sexual impressive. Such as CateBlanchett starring “Elizabeth” (Elizabeth), Kristen Dunst starring “Marie Antoinette” (Marie Antoinette) and the Scarlett Johnson and starring Natalie Portman, “The Other Boleyn Girl” (The Other Bolyen Girl), etc. , no not one piece of history on the interception, showing the extravagant palace and conspiracy, many beautiful costumes allowing viewers to relive the history of ancient gorgeous clothing.





My Happy Tongxiang Life

Time spent at a university is a most worthwhile period in a young person's life. This is a time when a student begins to form his or her ideas about life in general. Attending classes and studying in the library keep a student busy and provide him or her with access to valuable information, adding to his or her knowledge base.

By: Jiaxuan Jiang 130907236 Class2

I am from ShanxiProvince, which is far away from here. I often miss my Mum, friends, and relatives in my hometown. However, I can't see them very often. So loneliness always keeps me company. I am sad that I can't be there with them.
Campus life can also be rich and colorful.In the free timewe can do many more things except study, such as joining social clubs, and taking part-time jobs. Such activities not only make our life more colorful, but also help us improve all kinds of skills. They offer a variety of extracurricular activities such as sports events, contests, and other social gatherings, enabling the students to experience relief from study and homework. The university is a society miniature, what we learn here will benefit our future life. Students often form lifelong friendships through the varied experiences of university life. I also improve my listening and spoken ability of English quickly. Communication is very important to

my college life. I study English hard as well. It makes me have many chances to communicate with foreigners. I make friends with many foreign teachers and students. From them, I learn more knowledge about foreign cultures. The computer room is another place I like to staying. I contact the outside world by the internet. Much the news, advanced science and the information about internal and outside of China.

When we want to release the pressure or we are free, a group of us will go downtown to eat delicious food on weekends, such as Pizza, hamburgers, barbecue, and hot pot. After that, we maybe go to sing in a KTV. The happy time always flies, we often haven’t enjoyed ourselves to the full. Every holiday time, we will travel to neighbor to relax. When it isn’t rainy, we will ride to Wuzhen which Tongxiang are famous for. It’s really a fantastic view spot and worthwhile seeing.

During the time when a student spends at university, he not only develops his intellectual ahilites,he also develops social skills as well as knowledge and wisdom necessary for choosing a future career. By learning how to balance intense study and recreation, a student will be well prepared for the challenges of future responsibilities.



Keep senior three students healthy and happy

In China, the competition of the college entrance examination is very intense. Senior three students should do a lot of homework and they often get pressure from their parent's and teachers' expectation. So those senior three students who are eager for entering into a famous college study hard under huge pressure. They usually eat food optionally, even ignore meals and sleep very late.I think it's time to tell something about how to make students to keep themselves healthy and happy in their senior three.

By: Luyi Bao 130908237 Class2



First of all, I want to share you with my experience in senior three, since I have entered in college. When I was in senior three, I didn't have a good lifestyle. I think this is material for teaching by negative example. During a period of senior three, everyday I did my homework till twelve o'clock in the evening, even later. After then, I felt tired and exhausted in the second day. I couldn't make concentration on class, so I fall asleep. I missed what the teacher said in class. This is a vicious cicle. In addition, I often ate snacks and junk foods like Mcdonald's□KFC and pizza. So I became fatter and lost balance of nutrition. Many students like me got ill and they got stomachache because of

irregularity of eating meals. The condition of body will influence study. If you don’t have a health lifestyle, it’s difficult for you to do a good job on study. Now , I want to give you some advice to keep you healthy and happy in your study life.

Sleep: Sleep is very important. No matter you finish your homework or not, you’d better sleep before 11 pm. Then you can get up earlier to continue doing your homework. It will have good effect If you do like that. Maybe some people will ask me that why they cannot sleep late and get up later. Why I didn’t recommend you to do so? It’s different, because your body will have rest when it is 11 pm, you have to sleep too at that time. Then your body can work better the next day. You can also be energetic in your class. Plenty of sleep time can make you yield twice the result with half the effort.

Diet: First, you should eat full. Some students especially girls, they may take this opportunity to lose their weight. They will go on a diet. This is absolutely wrong! You should intake enough nutrition you need. However , you cannot eat too much. You can eat more fruits on account of fruit is very nutritious and it can make you full. More, you cannot eat junk food everyday. Maybe you can eat what you like once a week such as hamburgers□pizza□french fired and so on. To snacks like chocolate and sugar, you can eat them whenever you want, but remember to be moderate. Health diet can keep you a good condition to study.

What parents can do? Many parents like to ask this question. I think parents can prepare elaborate meals for children and when they are doing homework , maybe you can bring them some fruits and milk to make them relax. Parents should support their children.

To sum up, enough sleep and health diet is very important in senior three. Hope you a health and happy life in senior three and enter into your ideal university.

And this is the website I know that have some ways and advice for your learning.

Website: [Opinions]

Hope you can learn from it.

Why Hollywood's movies do better than Chinese ones?



Nowadays, the movies' markets whether in China or some foreign countries are developing rapidly. The movie industry is getting hot all over the world. However, some Chinese audiences always complain that the movies which made by Chinese teams are not as good as those made by Hollywood's teams although the comprehensive national strength of China is

gradually improving, for example, actor selection, special effects, film promotion and so on, especially in some action movies and fiction films. As far as I am concerned, money, technology, history and so on bring out this situation.

By:Keren Huang 130306243 Class2

As we all know, Hollywood movie world started in 1911(Maybe American began to make films before 1911) and it got its”Golden Ages”in 1930s. Obviously, the movies which made by Hollywood’s teams are always regarded as the “high quality product” by movie lovers. Although Chinese Started making movies in 1905, but the “Golden Ages”of Chinese movies hasn’t come yet. To be honest, the war, the poverty in the old society made people don’t have the spare energy to care about the development of movies. So, as for history aspect,Chinese movies are worse than Hollywood’s ones.

Money also plays an really important role in the film making. Both China and America are economic heavyweights. However, while making films, Chinese will spend most of the money on the actor’s(eapecially the cheif actor&actress) salary. As a result,the director don’t have much money on film’s making and propaganda. So,most of Chinese movies only released in Chinese mainland. On the contrary, Hollywood’s movie maker will spend most of the money on the movie making and propaganda. Before a Hollywood’s movie release, the director and actors in the movie may will do some propaganda in most continents of America and even go to Europe, Asia, Oceania to propaganda. And these movies may will release all over the world. So, Hollywood’s movies is popular than Chinese ones and Hollywood’s actors are more famous than Chinese actors to the audiences.

As for social aspect, Chinese government have some political limits on film making. Thus, in some ways, it limits Chinese movie makers’ imagination. Sometimes, audiences prefer the movie which break the pattern. On the other hand, the style of

Hollywood’s movie making is more free than that in China.In my personal opinion, someting like “attack the president”, “against the government” which always show in Hollywood’s movies will never show in Chinese movies, however these kinds of thrilling scenes always catch the audience’s sights. As for this aspect, I think Chinese directors really miss many chances to make better films.

In addition, technology is also a assignable point. Hollywood’s fiction films really do well in the special effects. But, to be honest, Chinese’s movie technology level is nowhere near the Hollywood’s, Chinese’s special effects look a little fake and unsuitable, so while the audience are watching the film, they can’t really focus on how the story goes, instead, they always complain about the unprofessional scence making.

Compare the Chinese movies with Hollywood’s, we can figure out the weakness of Chinese ones. Only by finding the weakness can we develope the Chinese movie market more effciently. Nowadays, college students(like students in our college) start to make some micro films by themselves, by realize the weakness of Chinese movies, these college students can explore the way to overcome the difficulities so that they can make better movies.

Please remember, the future of Chinese movie belongs to the young, as long as the young explore the “new way”, the Chinese movie market will get better!(of course I hope this article can give the young some inspires and help someday)