A Small Town of the Holland



Get Fall in Love with this Beautiful Town!

By:Yangshi Ye 130905440 class1

When most people think of The Netherlands, they think of Amsterdam with it's famous red lights
and coffeeshops. And maybe tulips too. but there is much more to the country than these three things. the Netherlands is country filled with historic cities, canals, beautiful farmland, windmills, and pleasant beaches.

Most travelers come to Netherlands and simply party in Amsterdam for a few days but by doing so they miss what much of the country has to offer. Spend time exploring more than just Amsterdam and coffeeshops and you'll discover the country are beautiful than you think. I highly recommend heading north, especially in April/May when the tulips are in bloom, and also visiting Utrecht, one of my favorite cities south of Amsterdam.
Utrecht is like a mini-Amsterdam but lacks the crowds of Amsterdam. The old city is centered around an old church, the Dom.

The main area of town is centered near the Oudegracht, or "old canal". it's the main canal in town and along it are shops and a plethora of restaurants. The restaurants are located on a level below the street alongside the canals.

on the nice weather day ,the city is packed and all the tables along the canal were taken. After some walking, you can enjoyed some outdoor drinking by the canal, soaking up the sun with all the Dutch, who apparently don’t need to work on a Friday.
Overall, Utrecht is a nice city and a good, relaxing alternative to Amsterdam.

The flowers of Provence



Mention Provence,you first think of is what?Paris?The Eiffel Tower?Fashion week?Chanel?Well, no matter what you think of, you will not forget the graze Provence. By:HangYang 130306129 Class 1 Provence is Europe’s “city of the knight”, located in southeastern France, adjacent to the Mediterranean and Italy, extend from the Mediterranean coast to inland hilly region, middle river long river.Advantageous geographical conditions, makes the Provence is change in the weather and have an unusual charm.Provence region is a Mediterranean climate, summer is dry, mild winter, more than 300 days of sunshine each year.Mountain climate is characterized by long winter, snow, hot in summer, many thunderstorms;Clear difference between the valley slope, and all kinds of microclimate.But overall, although Provence Provence north-south climate differences, but in general for tourism all the year round, especially the season spring,

summer, autumn three season. Is in such weather, lavender, alien species here got good growth and reproduction.This kind of plants from ancient Persia regions, with its elegant, fragrant and enjoys a high reputation.With the change of the time, this comes from the Middle East has now became a French Provence lavender flowers region an important symbol.It with its characteristics of violet and quietly elegant fragrance with Provence, fields and roads, courtyard and bedroom.In Provence, you everywhere is the vast expanse of lavender manor.While walking down a country lane, look up to see the sky is blue, look to the distance saw a pure purple flowers, warm wind blowing from flower sea, in the air, our skin with a pleasant scent.That is a kind of taste, sweet and sad, let you for a long time addicted to it. In Provence, of course, you can find not only the lavender, vine, and the olive tree, majestic trees and golden sunflower, is everywhere.In Provence, you can’t miss the wine here, Provence product high quality grape wine, 20% were senior and top wine.Due to the Mediterranean sunshine, Provence grapes contain more sugar, the sugar into alcohol, makes the Provence wine alcohol content of 2 degrees higher than the wine in the north.Rudolf muller Spartansburg rose slightly orange is the most distinctive.Common red wine are: Cotes DE Provence, Coteaux d $Cts’ $Aix en Provence, Babydoll.In the flower sea, rented a villa, sunny, walk on the stone path, or sit in the sun chair.A glass of wine to the core, to don’t be so extravagant life. If someone says romantic Provence is thoroughly, probably too much, because here in addition to romantic love legend circulating for a long time, and is known for “the count of monte Christ” in accordance with the island, is famous for the “Marseillaise” marseille, and elegance of the university town ai and Avignon, long aftertaste of the heights of the middle ages, street and comfortable small cafe.Included in Provence history, Cezanne, van Gogh, Donet, Picasso, Chagall, such as per capita in Provence art to a new stage of life, azure coast hedonism ethos, has also attracted the American writer Fitzgerald, scientists, Huxley, German poet

Friedrich Nietzsche, British writer Lawrence people come to pilgrimage. Provence, a city of romance, Provence, a place to never leave.

Kite flying is also a life skill



The kite, which has over 1000years old, is more and more popular right now around the world. Kiting is already not only for fun, but also could prevent some neck disease happening especially to those people sitting in from the computers all the day. Fly a kite, you need running, heading, One more important thing is you need some skills, especially to the new players.

By Grace 131005123 Calss1

On a sunny weekend, I cheerfully go to fly a kite with me roommates. We went to a square place and many people already are there, some people are camping, the children are running and laughing, some people are flying their kites. Many colorful kites with lovely images are in the sky. What we flying is a Nemo, very cute fish.

Unfortunately my roommates and I are new players, we tried and tried many time to fly the kite, but we cannot make the kite even over 5meters.Then we need the help, we are so lucky that we got the instruction from a warm heart uncle, he give us some advices which help us a lot.

First of all, the player needs to know the direction and the strength of the wind, this could be defined by watching the flying flag or smoke or you could figure this out by thronging a piece of leaf or a small piece of paper. How to judge the strength of the wind??See how far the leaf flying, LOL.

When you feel the wind is strong enough, you can take the kite run against the wind direction, loose the kite line when you think the kite will hold in the sky. Loose your line slowly to make the kite clime up in a slow way. During this time, if the wind gets weak, you have to take back the line fast to make the kite continuously climbing up. Certainly when the kite pulls the line harder, you have to loose the line a little bit. So this is a kind of game back and forward, general speaking, the purpose is making the kite staying in the sky stable instead of falling down.

Sometimes the wind gets stronger suddenly, the kite swings in the sky sharply, then the player has to loose the line fast or step forward faster to make the kite stable in the sky. Oppositely, when the wind gets weaker, the player has to take back the line fast or step back faster.

In case of two kite lines tangle together, the worst thing is the player takes back the lines which will make the kite loosing balance and fall down immediately, the correct action is : DONNOT PANIC, two players get closer, exchange the positions, loose the line a little bit, the lines will release accordingly.

Finally, when you take the line back, you have to take much care of the tall building or trees, try to stay away from those tall things in order to avoid falling kite hanging on it.

With the instructions, my roommates and I try several times to make the kite flying, in the beginning, it fails because we could not cooperate successfully, but finally we make it! Nemo is flying in the sky! How happy we are when we see the kite climbing! We are trying to make the kite as far as possible till the line ends.

That is really funny for kiting, we are sure this is not the last time we go.

Male or female?!



Thailand is the most neutral country, is also an open country. Talking about Thailand have to mention about shemale. She is mainly concentrated in Bangkok and Pattaya. Pattaya is a famous tourist resort where you can see the high level of she male art performances.

By: Tingting Chen 130306149 Class 1

It can say the performers of she male is sexier than women. They are 1.75-1.80 meters high, and have slim well-proportioned stature, black shiny hair, luster skin, and delicate facial features. They dance in light steps with wearing sapphire earrings, just like goddess general. The content of their performances are representatives of other nation’s dance and song, as well as specialized Chinese theatrical performances. Their brilliant performances not only attract tourists, even locals often visit.

In order to give viewers exciting performances, they have to pay extraordinary efforts. They learned how to dance and sing in a special school. Acrobatics is extremely difficult

process, all parts of the body should be strictly standardized training which is unbearable for general women. Some shemale art school or groups select them abroad such as USA, Japan for advanced education to cultivate excellent actors.

Anyway, these beautiful performers, are male or female?

In fact, these are two of them. One kind of them need inject hormone to prevent to restore a normal men. The other is become a real woman who can marry to a man by deformation surgery. Most of the performers are the former one. So they need to maintain the body medicine.

It is said they eat one kind of a native snake drug to keep the skin elasticity and gloss. The drug is 100 dollars a bottle, but the local government distributes two bottles per year for free for each shemale. You may be aware, tourism is the pillar industry in Thailand, 7 million foreign tourists traveled to Thailand could bring 7 billion dollars in revenue. The government needs shemales to attract customers.

So how much money they can earn? Theoretically, there is huge income. Beautiful one can earn 50-150 thousand Thailand baht per mouth, but not everyone can get so much. They are spending more. Breast augmentation and plastic surgery need to pay. They need 20-50 thousand baht for a sex change operation.

Frequent hormone injection and pills let them died in just over 40-year-old. Before the age of 35 is their golden period, after that they began to rapidly aging. They have to seek work in other countries, some to china’s Hainan province.

Finally is an interesting data. Thailand is total 65 million populations, of which 45 million are women, and the rest of the men, part of them are gay, part of shemales, the last part of men to marry two wives.

Shopping in TongXiang



Tongxiang City, Zhejiang Province, located in the north-Jiaxing-Huzhou Plain, territory is flat, dense river network, climate with four distinct seasons, beautiful natural environment, with one Jiangnan scene, known as the "land of plenty, silk, flowers on the ground, cultural state" reputation. Be sure to come here with some of the specialty here to go back, it would be a successful trip. Next, I introduce Shopping in TongXiang.

By Grace 131005123 Calss1

The following are the products must be purchased in Tongxiang

Drunken Lee

Introduction：Tongxiang hundred Township, Taoyuan Village, there is a drunk Peach Plum. Li Yuansheng drunk this long, huge fruit shape, skin color, bright red, fragrant unusual, sweet and delicious, the highest ranked Zhu Li. Li Guo drunk slightly concave top place, there is a shape of nails had claw marks, reportedly, this is exquisite beauties left the imprint.

What are the most affordable place to buy specialty. Tongxiang hundred Townships, Taoyuan Village, there is a drunk Peach Plum.

Chrysanthemum

Introduction ：Chrysanthemum, otherwise known as chamomile, with dysentery, anti-inflammatory, eyesight, blood pressure, lipid-lowering, physical role. Heat can be utilized to treat jaundice, stomach pain, eat less, edema oliguria embolism. Chrysanthemum can be invoked as medicine, but also for drinking, but also for the courtyard to watch, mainly for drinks. Processing of refined products to the Chrysanthemum brew for bubble tea, its color, smell, taste, shape called the "four no", a pure heart thirst, refreshing Chufan, throat fluid effect, of the West Lake "Longjing" comparable.

What is the most affordable place to buy specialty. Tongxiang Chrysanthemum double Ding stores Address: Jiaxing Zhenxing Road on the 19th

Gaoqiao mustard to vegetables

Introduction Fresh taste, packaging fine. Several major domestic airlines have chosen. Tongxiang mustard to vegetables to share, with an annual output of about 100,000 tons of fresh mustard, using new technology forming rows of halogen, aluminum foil mustard into a small package air travel to share.

What are the most affordable place to buy specialty. Tongxiang supermarkets or convenience stores.

Blue Calico

Introduction In Jiaxing-Huzhou folk, blue cloth is an ancient hand-printed fabrics, blue and white to match it, fresh colors, patterns honest, the process is simple, easily obtained, welcomed by the masses. Blue dye cloth using a mountain grass, lime slurry using a common, so low cost, easy to operate, and the finished product and nice, washable and durable, and therefore able to be sustained large spread among the people, and the use of formed during the following characteristics: first, there is a unique pattern on the cloth pulp, as used in all manual operation, the natural beauty of this pulp lines, without a similar, as any modern advanced mechanical printing can not be simulated. Followed by strong contrast, vivid colors. All blue cloth, no matter how complex patterns are only blue and white; matter what pattern, only with a relatively rough spot and short composition, with no long lines. Once again, widely used auspicious patterns, so loved by the masses. Finally, you can continue to add new content, creating new patterns.

What are the most affordable place to buy specialty. Tongxiang Chongfu Town Line Road on the 6th of bamboo.

Puyuan sweater

Introduction Entitled “China town” and “the country’s largest distribution center sweater” reputation Puyuan sweater has a strong industrial base and production advantages, formed a sweater puyuan centered regional economy there are more than 3,000 sweater manufacturers

What are the most affordable place to buy specialty. Puyuan sweater store

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I’m Jeju Island



Do you know Hawaii? Oh, maybe it’s a stupid question. But what

I really want to ask is that:do you know "Korean Hawaii"? Yes! That is the another beautiful place which is not in America but in Korea. What's that ? Aha, it's the largest island in Korea:Juje Island. Let's explore this mysterious place. I belive that it will not let us down!

I'm Jeju Island

By: Lingli Chen 130306131 Class 1

Jeju Island is the largest island in Korea, it is also called Tamna Island, honeymoon island and romantic island. Do you know the reason that I say it is mysterious? Because it is of volcanic origin. Is it amazing? For this factor, it has very strange landform.Besides, the climate here is so warm that it is called "Korean Hawaii".

It is said that Jeju Island is the myth of the island. Centuries ago, There are three immortal, they encountered the three princesses, who took a wooden boat from the East China Sea. They carried with cattle and corn seeds. Then three immortal married the three the princess. Afterwards, they built the village and began the long life. The famous scenic spots in Jeju "three surname hole" is about this myth of historical relics. How fantasy it is !

Naturally, as a tourist spot, even it is a place where TV dramas are shot, travelers must be concerned about its beautiful scenery. Introductions are as follows.

1. Columnar joints belt

It consists of lots of square or six angle columns, which are Hallasan lava ejected into the Chinese Qianhai area formed by cooling. Here waves can be as high as 10 meters, it is the great tide, spectacular. People will appreciate the great nature after visit this place.

2. Lilliput theme park

There gathered more than 100 pieces of famous buildings such as Forbidden City, Tower Bridge of London, Italy Leaning Tower of Pisa and so on. In addition, there are Jeju stone culture, folk belief, dinosaur fossils and other display space. All designs have great originality. The theme park is not only in relation to the cultural space, but also where visitors can experience activity place.

3. Tactic Bear Museum

In the gallery, you can enjoy the teddy bear that come into the world art masters of the road of fresh works, and cartoons which are popular among children. Also there has the world’s smallest teddy bear, it had only 4.5 mm, you ought to see.

4. Natural landscape

Since it can be used as a shooting location, natural scenery is essential. The symbol is Hallasan. There are various plants growing on the mountain. They have very high academic value. It was designated as a national park, 386 parasitic volcano mountains around it. Halla mountain has four distinctive seasons, varies with the season, at the top of the mountain can be seen all Seogwipo coast of the beautiful scenery.

Do you can’t wait to travel it ?Here are some suggestions.

1. It is located in the East China Sea, South Jeolla Province, 100 km in southwest. The traffic is convenient. You can choose to take a plane or by bus or just by sea. It all takes a short time.
2. The warm climate and geographical features of the island make it have natural conditions, so fruits and fish is good! You can not miss it!
3. Currency in circulation is won, the coin have 10, 50, 100, 500, four par value; notes 1000, 5000, 10000, 50000, four kinds of value points.
4. Please take your passport!

Wish you have a good time in Jeju Island!

March of Fireworks Yangzhou



When i was younger, I learned a famous Chinese ancient poem about a poet was saying goodbye to his best friend who was going to leave for Yangzhou in March when flowers are in full bloom. It seems that the emotional tone is sad, but to tell the truth, from then on, the sentence “march of fireworks Yangzhou” of the poem has spread whole China, A great deal of people are attracted by its fame. At that time, some questions occurred to me. Whether the scenery there is charming enough to attract so many people? Is there any chance for me to encounter someone special? And now,I am here, I can’t wait to explore it everywhere like discovering the New World. Hey,guys! Are you ready? Let me show it to you!

By:Qian Zhou　　130306231　　Class 1

The Four Beauties in Trouble Times

With the Sunlight floods the earth, it has dressed up,waiting for admires from all sides. The first station is Qionghua Stand, where you can watch Viburnum macrocephalum blooming around you. Walking in the alley full of fragrance of flowers, all you can do is serving as a contrast or foil. Just because of its spotless white and unique, it is widely accepted as the symbol of Yangzhou. Beautiful flowers should match beauties. Yangzhou is known as “the region south of the Yangtze River in north”, it stands to reason that women here are beautiful enough to feast the eyes. There are four great beauties in ancient Yangzhou.Feiyan Zhao, the most outstanding dancer, Xijun Liu,the pricess who was both married her grandpa and grandson, Waner Shangguan, the only female Chancelleress of China, and Xiuying Tian, the fragrant imperial concubine of the Ming Dynasty. More information about the four beauties in history can be found by yourself.



Keep the Well-known Three Kinds of Knives in Yangzhou a Mystery



Walking along Deshengqiao Street, not only can you eat featured breakfast in Fuchun Teahouse, but also enjoy consummate talent of foot-repaired knife, which is one of the well-known three kinds of knives in Yangzhou, kitchen knife and hair-cut knife are the

two others.Stepping out into a time-honored brand, a kind looking old man comes towards me, he sets me in a sofa, just close my eyes and all the physical exhaustion of travel will go away. He did a magic on me,his warm-hearted smile lights up the whole city and removes the sense of lonely of travellers.

A Fantastic Encounter in Zhuyu Bay Scenic Area

Stepping out into Zhuyu Bay Scenic Area, a cute squirrel will come to great guests so that they can eat their favorite pine cones and then jump up and down in the pine trees. I smell a floral perfume sweeping on the river, so I sit down in the bridgehead, listening to songs and admiring lotus. Suddenly, a girl rowing and picking lotus appears, with a bamboo pole, she wears a bamboo hat and shuttles on the river slowly. It looks like a natural painting. She invites me to her boat passionately. Truth are always hidden in folk. I learn many trivias from her, everyone knows fried lotus root is delicious, but lotus nuts can be used in many ways. On one hand, it can be cooked in the Eight-Treasure Porridge, this is a tradional food in China, but a little bit different from Yangzhou. On the other hand,using some of them to make tea is a good recipe for cancer prevention even though it tastes bitter. The sun goes down and it's time for me to say goodbye to the lovely city.



At night, when I look into the starry sky, I wonder why people here are so comely and beautiful, maybe It owns to the excellent terrain or sweet water. In general, an encounter with someone in Yangzhou can be very romantic, warm and amusing.

Finding true love on the road to Hainan Island



My name is Ann,Like many people, I'm just an ordinary college students have a lot of trouble.You also have a lot of trouble, isn't it?I have never thought of how strong the power of nature.But after this matter, I suggest you to travel often to release the pressure.I deeply in love with travel through to get in touch with nature.

By:Jin Wu 130112123 Class 1

In this summer holiday, I was broken-hearted, my boyfriend and I have broke up for three years. My mood is very bad, my friends advised me to travel to mellow. So I'm going to take this vacation out.

Seasons are all very warm and there are a lot of tropical fruit , a beautiful sea and a beach. The place of the spring, summer, autumn and winter are very hot. It is the part of the ends of the earth, the temperature is 32 degrees in a suburb of Sanya ultima town, about 24 km away from Sanya city. Monkeys in Hainan Island, covers an area of one hundred

hectares, the mountain cave size innumerable, rock climb, scrub, into the shadow of trees, four seasons flower fragrance. The monkey is naughty and love to play there, and then a small monkey and I together as two phase, I touched the little monkey, little monkey frighten turned around in my head, and scared I’m trembling with angers. Let me even more unexpected, I met a This time I travel is hainan, as far as I know, the place of the fou boy here. He is an American boy, because he likes to travel, came to hainan. He said tourism can always let us in another not to forget the troubles, to findisturb the world. He told me everything here are introduced in detail. When he learned of my things, he told me I could wash the boundless sea heart troubles. Through we a few days off and communicate with each other, we are deeply in love with each other.
Not only did I forget my pain, but also let me find a new love. From then on I fell in love with travel. I know that travel is willing to lead the direction for you. Travel together!

Basketball brings more than weight-losing.



Basketball brings you more.

Want to achieve weight-losing in your basketball ways? When falling in love with basketball,it seems basketball brings more than weight-losing.What's more, taking part in the teamwork definitely brings benefits.

Jing Li 134102208 Class 3

His last basketball match was undoubted great. No one likes failure, especially successive ones. While for Sun, it's no doubt that he has become a legend in Journalism Institution history not because his amazing performance and leadership in the team, but also the unbelievable "self-changing" in his last 4 years college life.

At April 4th, this year's School Basketball Championship started with many people's craziness and enthusiasmJournalism, last year's champion, showed great passion and competence in their first match against team Universal Culture Communication in a big margin. Sun Xuning,

captain of Journalism, scored 21 points in this match, surely the highest and best performance above all, which was definitely usual compared with last year.

Things went steep after first match. Everyone had not imagined the situation changing so sharply that it gave no more time for them to scrutinize whether they had lost something.

It surely belongs to the absence of Sun, though his teammates had dedicated their whole personal power to attain the victory of the later 2 matches which sadly turned out to be lost in a row. Sun is in grade 4 and have to pre-find a job which meant he had no time and energy to lead the basketball team and play with his great teammates again. However, Sun made the decision, coming back to school and play the first match for his team.

“I merely go outside for anything before college. When I’m in grade 1, I nearly weighed 100 kg, a typical big fat guy. I decided to change immediately, or I would have no chance, no time and no passion when I go into higher grades”, said Sun. “He has no other hobbies except basketball, so, with no hesitation, he just take a ball and go directly to courts and play until after dusk”, teammate Tao Guilong said. “We’re all proud of him seeing him successfully lost weight and changed to be a 80 kg ,pretty strong guy!” said scoring guard Zhu Yanchao.

“If we believe in what we do, then there’s no big deal to be afraid about”, said Tang Xiaobo, vice-captain of Journalism team, when asked about the prospect in this year’s School Cup basketball game.

“Actually we are still competitive even without Sun”,center-forward Cheng Yi showed a big confidence facing the absence of the one who used to lead them to win the final champion last year.

On the other side, Sun has a more different opinion, “I don’t

think it’s the most important to win a certain championship or to show people that we are always the NO.1 team and unbeatable, in my view, playing basketball brings more than victory and failure, and personally speaking, more than losing weight to 80 kg . Communicating and working with a couple of interesting guys shows me what basketball, even sports, means to us modern college folks.”

Bangers and Mash – a very traditional British meal!



Growing up in the UK you can't avoid eating this very traditional meal made from sausages, mashed potato and onion gravy. In the popular imagination it was so important that Desperate Dan, a comic book character from my childhood, always finished each story with a large plate of Bangers & Mash.

By: Roy Hanney

Often eaten with peas or even baked beans this meal has to be a staple for food for the English. Even if your mother never cooked it certainly you would find this food on any cafe or pub menu. Where ever you eat it though, you need mustard preferably hot English mustard though the milder German or French will do at a push.

The term "bangers" apparently comes from before World War II and may even go as far back as 1919. It seems that back then there was a food shortage due to the war and sausages were made with water. Consequently, if you cooked them they were likely to explode like a firework. Thankfully modern sausages don't do this.

In 1961 film stars Peter Sellers and Sophie Loren recorded a song praising this so British food singing "No wonder you're so bony Joe, and skinny as a rake. Well then, give us a bash at the bangers and mash me mother used to make". So how can you make this dish? Well its very simple and all you have to do is follow the instructions below. It's also very cheap and takes around 20 minutes!

What you need:



- Sausages
- Potatoes
- Peas
- Onions
- Milk
- Butter
- Black Pepper
- Instant Gravy

What you need to do:

1. Peel and boil the potatoes, when they are soft mash them to a smooth paste adding milk, butter and black pepper.
2. Make up the instant gravy by adding boiling water to a few spoonfuls of gravy mix.
3. Fry the onions in a pan and add the sausages. Cook till brown and the onions are golden. Then pour over the gravy and let it simmer.
4. Boil a pan of water and add the peas. When they are cooked drain them and they are ready to serve.



Serve on a plate nice and hot and indulge in what can only be described as ‘comfort food’ and imagine you are back in Blighty (a nickname for England) eating in a local cafe, at home eating your mothers cooking or even better – at school eating in the canteen. The better the sausages the better the taste of the meal so try and get some good ones.