

Touch my heart Kenting



Kenting is a small city in the south of Taiwan, a small island. The beach is very beautiful! Although most of cities of Taiwan are facing the sea, the sea here is the most beautiful. Kenting's many scenic spots are on its left and right sides of the Hengchun Peninsula. In the frog Stone Park Beach trail on looking ahead, the Taiwan Strait, the Bashi Channel, the Pacific sea panoramic view, blue seawater has 3 different colors!

Hengpeng Li 130306107 class 1

Kenting is a nice beach town in southern Taiwan. There is year-round sunlight . I have ever seen "Wayward Kenting", which tells a love story of four young people. That deeply attracted me to go there.

I had a good time last summer vacation. My families and I went

to Kenting for it. The scene there was really beautiful. Blue sea ,blue sky and the flying sea mews made up of the natural beauty. My father and I swam in the sea, and my mother lay on the beach for sun shower comfortably. What was more, we also went boating by ourselves. At the same time, we took many pictures for memory.



There is much enjoyment to be gained by strolling along the seashore. Many people who live far away from the sea envy those who live near it, like me. They sometimes form excursion parties and go there to spend their holidays. To gaze upon a calm sea and watch the ships as they move steadily and quietly through the water is very pleasant. But on a summer day, when the air is warm and the sky is blue, it is more pleasant to walk on the shore and collect pretty pebbles, shells, and seaweed. However, the most wonderful scene of the sea is witnessed during a storm, when the waves rise and fall with much grandeur.

At times they look like huge mountains with valleys between;

and when they dash against the shore with a hiss and roar, they break into spray. Walking along the seashore is more than being a pleasure.

The sea breezes are highly beneficial, so, a walk along the seashore is recommendable to those who are so fortunate as to live at places where the seashore is within their easy reach.

From as far as you could see on the left and right was open water and sand. The splash of small waves on open water and sand. The splash of pieces of seashells lay scattered on the beach and small holes covered the sand where the crabs had dug in.

The wind felt soft and warm and the water not very chilling. Far in the distance the sun was changing colour from a yellow to an orange and then to a red ball hanging over the horizon. The horizon was a long grey line broken once by the outline of a ship or a fisherman's boat. Here lays the peace and tranquility that poets, writers, and artists alike try to capture in words and paint.



I really like the sea. Seeing it makes me relaxed and peaceful. After sunset, the sea becomes so different from

daytime. The sea breeze makes me comfortable. Walking without shoes feels great, because the sand is so soft. Sometimes, we will play games on the beach or make some sand sculptures. It's really funny. Besides, there are many people on the beach, and we often talk to them or play with them. Therefore, it's a good chance to make new friends there.

At night, the lights are all lit the roadside shops, small stalls selling all kinds of souvenirs, there are a variety of local snacks. Here, you can wear flip flops, painted tattoos, bubble PUB, drink tea, roadside stalls to eat, to experience the most authentic flavor of Taiwan.

The unforgettable three years

The unforgettable three years, do you miss them?

In this story, I describe my life in senior high school. In university, I find I am so miss my lost life in senior high school. On June 8th, 2013, I graduate from my senior high school, and I went to my hearted university. I am so miss it.

By□Taotao He 130306136 class 2



Three years ago, we did not know each other; three years, let us from the strange to the familiar; three years, everyone grew up; three years, the ups

and downs are tasted; years, the emotions are experienced; three in a seemingly very long day so spent. Do you miss three the three years?

Occasionally, I remembered the day three years ago after three years, and it will feel a little funny, a little nostalgia and a little warmth.

Occasionally, I turned up my notes after three years, and I will feel a little familiarity, a little memorizes and a little happiness.

For three years, everyone is more or less changed, and everyone grew up and everyone is more sensible.

The year of 2013, I graduated from my senior high school, June of that year, we left high school. We have been accustomed to in the days when getting hazy and accustomed with sleepy face, brush your teeth and gotten used to lazily to exist. Maybe, we were walking but at the same time we were cursing the hateful educational system and calculate the distance to Friday. Maybe, we went to the classroom to read this morning, but after the investigation by teacher, and then eat breakfast secretly. Look at the curriculum, language, mathematics, English, geography, history and Politics, but not our favorite music. But, we must fill with our oath of youth on the table, write down our helpless on the diary, and use all the time to learn but sleep quietly when the bell rang.

I am afraid of the life of senior high school, but I am so miss the life of senior high school, such as the mood in the senior high school. We fear every time the examination, but also look forward to every test. We fear the results announced, but also look forward to the results announced. We pretend not to care about the grades, but read it again and again when no one sees. And then walk away quietly with the thought that if the next exam is still no progress, I will no longer work. But hard sweat flows never stop regardless of the

results is good or bad.

I used to get up at 5 o'clock in the morning, brush my teeth with closed eyes. I used to run to classroom and then put into closing study. I used to run to restaurant and eat meals in five minutes.....

I recall those habits over and over again. I thought I would forget those habits at this university life, but I found that these habits ingrained in my mind, they are symbols of my high school. My high school life is spent every day in a tense, but I find I love it so much.

Another year graduation season, I have not yet fully receded ignorant, it's been pushed parting unknowingly cross the intersection. This is the season of graduation. After three years of studying, there will be a group of children with happiness go to their ideal university, and go to society to achieve their dream. I left my high school just a year. I want to return to the classroom to see my perspiration there. I want to return to the classroom to see the blackboard filled with jobs. I want to go back and look at the back wall of the countdown blackboard. I want to meet my friends that we go through the black June tighter. I want to see the campus filled with tension but laughter..... I always want to cry when I recall the days of high school life. The three passing years is the most beautiful memories of youth in the heart.

The life in high school can be bitter, however, the bitter experience is not the life those years, but no longer has that kind of life. Former classmates, former teachers, former campus is disappearing and only leaving a share of less than perfect memories.

Sometimes I really miss you. I do not know the distance you, okay?

[The unforgettable three years](#)

Nepal—Up in the wind



Have you seen a film called “up in the wind”? The film, which was absurd but romantic, is about the story of a pair of youth in Nepal. Nepal is a mysterious and charming place, follow me to explore the romantic story belongs to Nepal now!

By: Xi Juan Ye 130306120 Class 1

[Nepal](#) is a peaceful and mysterious place, so in recent years, more and more Chinese people prefer travel to Nepal. This movie is about the journey of a group of Chinese people, where romantic story of a young couple happened.

There is traditional religious belief in Nepal, people here are more likely to gain the peace of the soul. People and animals can get along with each other happily here, such as

elephants and people can play together in the river, people don't have to worry that the elephant can attack them.

Some beautiful scenery in Nepal more desirable, and people here are very enthusiastic, they will provide the best food and service. Because the distance is close to China, it has become the first vacation choice of Chinese passengers.

With respect to the film, why it is called "up in the wind"? Many people are confused of that, but it has also become the highlight.

At first, the main character in the movie travel to Nepal very reluctantly because they think that poverty and regional conflict happens often in Nepal, where is not safe in the other words. But in the process of travel, they gradually discover the beauty of this small country.

The tour group to the happiest country in the world – Nepal, began the "journey of happiness". From the beginning of the tour group nuisance, and shortly after building group in situ dissolution, the hotel is a power failure midnight cry, alone in the top of the mountain inn, a local riots and so on a series of events in the process of travel group members look after each other and understand each other, everyone showed the most true to yourself.

The last day, Wang Can please everyone go paragliding. When several people standing on a cliff, carrying umbrellas tension when can we take off, coach, pointing across the mountains to the Woods to tell them: don't worry, we have to wait for the wind. When the wind shakes the forest, everybody successfully soared into the sky. When circling in the sky, and everyone's heart, there's a slight sigh, traveling along the way, his life, in fact, are not in a hurry to make any decision or change. When you stand at the precipice of life, better do not move, do not rush forward to do perhaps, but quietly, waiting for the winds to.

Nepal is to give people spiritual peace, everyone here can get the safety of the soul. Life is of harmony and freedom to this land of livings. As the movie says, "people will feel stupid, because of ignorance temporarily make your heart covered with a layer of dust, which does not matter, there will always be blown open day."

If you feel confused, come to Nepal, let your heart up in the wind.

Fly your minds away



We have been told of every thing, such as what you should do, what you should choose and what kinds of person should you be. It`s not wrong to follow the rules, but there is something hiding behind the fact, that`s we are losing our heart and

inner. Finally, maybe we gonna find out a strange self, a hard and painful process, but you must suffer.

Things always be objective in tough days, we met many problem and fight a lonely battle. If you do not want be gone too far, travel in a nice day is my advise. At least decrease your confusion, make your heart a forest, but not a desert. My college located in Tongxiang, this is my fate to suffer. I was wandering how busy my college was, but the truth is flesh and blood. Tongxiang break my dream and give me a hard choice, my tour must be in a hard way, my position is in the center of Shanghai, Hangzhou, Suzhou Golden Triangle, East 130 kilometers away from Shanghai, 75 kilometers from the north of Suzhou, 65 kilometers west of Hangzhou. So, let me tell you those things about my resort.

1. SU ZHOU

First memory of there is silk and river, and beautiful Miss. Because there was a beauty called Xi Shi end her story here. Suzhou, one of the big city in East China Chinese, located in the southeast of Jiangsu Province, the Yangtze River to south central, east coast of Taihu, Yangtze River delta. Suzhou has a long history, is the first batch of 24 national historical and cultural city. Suzhou has written Loading history for more than four thousand years, is the birthplace of Wu culture and synthesizer, a long history of area south of the Yangtze River is the political economic and cultural center, Suzhou city was founded in 514 BC, one of the Chinese's oldest city.

2. SHANG HAI

Shanghai is located in the Yangtze River Estuary, east to the East China Sea, across the sea with the Japanese island of Kyushu, Hangzhou bay to the south, West and Jiangsu, Zhejiang two provinces are connected, together constitute the "Yangtze River Delta economic circle, with Shanghai as the leading

Chinese maximum economic zone". Shanghai has a profound cultural background of modern city and many other historical monuments, integration of cultural diversity of southern traditional culture and the local immigration into Wu Yue, formed a unique Shanghai culture.

3. HANG ZHOU

Hangzhou is located in the southeast coast of Chinese, the northern part of Zhejiang Province, the North Bank of Qian Tang River, Beijing Hangzhou the southern tip of the Grande Canale, the National Tourism Administration's China best tourist destination city, since ancient times, "an earthly paradise" reputation. In my long and excited tour, it is never boring. I had ride to Qiandao Lake and rethink my life. What you can see is just road, tree, and mountain. Besides nature, there is only you stand in ground. By the way, my wheel was broke in Hangzhou, and that is really tough for me. I fixed my bike by my self, half an hour, not bad. It was a dark afternoon, seems like a ride with out ending. It was 270 kilometers, a crazy but Unforgettable ride.

My minds seems my wheel, where it will be, where it should be.

Classical music world

When people hear the music of Bach, Beethoven, Mozart, schubert, it brings people not only the beautiful melody, full of interesting idea, and the most sincere emotion, or quiet, elegant, or shock, inspiration, or joy, happiness, or sadness, melancholy.

Kaiwen chen /131002133

Classical music, also called Vienna classical music, is the mainstream music of Europe from 1750 to 1820. Haydn, Mozart and Beethoven are the most famous composers of classical music camp. As the Oxford dictionary writes, classical is something in traditional and serious style. Therefore, many people think this kind of music is serious music and not approachable to common people. Nevertheless, according to the Longman dictionary, classical music is music that people consider serious and that has been popular for a long time. Moreover, classical music is an independent genre and pursuing the rational expression of emotion. Based on this, classical music can be seen as the music that survival during the long history and be loved by people.

I think When people hear the music of Bach, Beethoven, Mozart, Schubert, it brings people not only the beautiful melody, full of interesting idea, and the most sincere emotion, or quiet, elegant, or shock, inspiration, or joy, happiness, or sadness, melancholy.

However, with the appearance of pop stars, classical music is no more the popular music among the majority of people in the 21st century. As the rapid development of today's society, most people will choose pop



music to express their emotion. It seems that only the students of Art universities are learning classical music and minority of other people will love it. But it is true that classical music is still unfailing. Firstly, in terms of western world, the situation can be different. Most western people value classical music very much when compared with Chinese. Moreover, in fact, the famous song little star which is known by most people, is originally a classical music song called Twelve Variations on "Ah vous dirai-je, Maman" by Mozart. In addition, Chopin is the pop star Jay Zhou's favorite musician. And some Chopin's works are cited into Zhou's songs. Additionally, S.H.E's "Won't to bring up and

Jolin's song respectively use Mozart symphony no. 40 and Chopin's departure as their citations. Although few people know the correlation of these pop songs and classical music, this correlation is still a powerful proof to certify that classical music is enduring. Besides, one of the reasons why the famous cartoon Tom and Jerry win several Oscar awards from 1943 to 1952 is the successful application of classical music as the background music. This success is the recognition of both the cartoon and the classical music in the modern society. In conclusion,

Classical music, not only to the past, to history, it is a part of the future. From the perspective of history, now all genre of music, jazz, punk, pop and rock .in a certain sense, from classical music . Therefore, classical music is all music genres in one of the largest and most comprehensive schools, now is a blend of all the elements of music. Classical music is more than just need to protect the heritage, we can on this basis, continue to write new music history.

Belgium chocolate

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I believe, chocolate is every child, girl, adult, old

man, very favorite dessert.

It seems to be a Chinese usual preferences that is a people go to a country or Regional, will know there will be the first to know that local specialty. So, Speaking of Belgium traveling. We must remember to relatives and friends back to chocolate. When it comes to Belgium, People will not to associate it with "chocolate". And immediately think of chocolate.

Belgium, chocolate kingdom. Belgium created chocolate brand in 1983, committed to the best Belgian chocolates show in the world. 85% of the products are exported to more than 60 countries around the world, products are: an elegant synthesis of chocolate, 12 constellations of heart-shaped chocolate, black truffles, suck after taste. Ji Lilian, founded by Guy and Liliane Foubert 30 years ago, is now the largest Belgian boxed chocolate maker. Daily production of 75 tons of high-quality chocolate, sold in 132 countries around the world. Only by the Belgian Royal gold medal awarded brand of chocolates shells (Jin Beike), snowball, classical, precious stones, lovers and the world of pure 7 series. They have the "Kingdom of the supreme chocolate," said.

The Belgian called "chocolate kingdom" is not an exaggeration. Both varieties, yield, the per capita consumption, or bring forth the new through the old, It is on top of the world. Chocolate has 300 years in Belgium. In 1671, the birth of the famous Praline praline Belgian chocolate production opened a new chapter. Belgian chocolate represents the desire for love, infatuated with the public, It is the food of the kind. Guylian, Cote d'Or, Godiva are well-known brands in the world. Even the most popular Leonidas, also from all over the world with lovers. Belgian chocolate is delicate and smooth taste, this is not mass production can do.

So, if you went to Belgium, don't forget to taste chocolate!

The Modern Art: Is it Beautiful? Or Awkward?

Nowadays some people think that artists are playing a trick on audience instead of making a contribution to the real art. Some people also hold the opinion that several modern artworks, especially performance arts, are not really worthy to be appreciated. What's your opinion?

By Yuqing Huang 110112120 Class1

"What the hell is that?" Those words came from my friend Lily, when we went to an art exhibition and were standing in front of a tiny soap box lying in the glass case, which looks completely the same as the soap box we use today.

"I don't know," I answered her, as I was confusing as well.

Actually in the late 20th century, there was a similar artwork called < Brillo Boxes >, being put in an art display by a well-known artist named Andy Warhol. It soon triggered a heated discussion about the definition of art. Later on, a new word – "pop art" was born, and it also opened a new era of modern art.

However those new arts do not aim to give you a peaceful, pleasant experience like classic arts. Mostly they want you to be shocked, to feel something new. As a result, some of the artworks seemed entirely "ridiculous". Here we got some examples.

If you are not an art student, you probably know little about [Piero Manzoni](#), an Italian artist. He put his excrement into 90 cans, numbered them, and sold them as artworks. In 2007, No.18 can was sold at 124,000 euros in Sotheby's auction (an art auction house in London), this price was as expensive as gold. This "artwork" called "Artist's Shit", at the same time he made another one called "Artist's Breath" which is actually a balloon full of his breath. While you shouted out "It doesn't make any sense!", Piero Manzoni may smile at you and say "Artwork doesn't need a sense." You might see I put the word "artwork" in quotes, because I'm still not sure whether it should be considered as an artwork. What do you think?

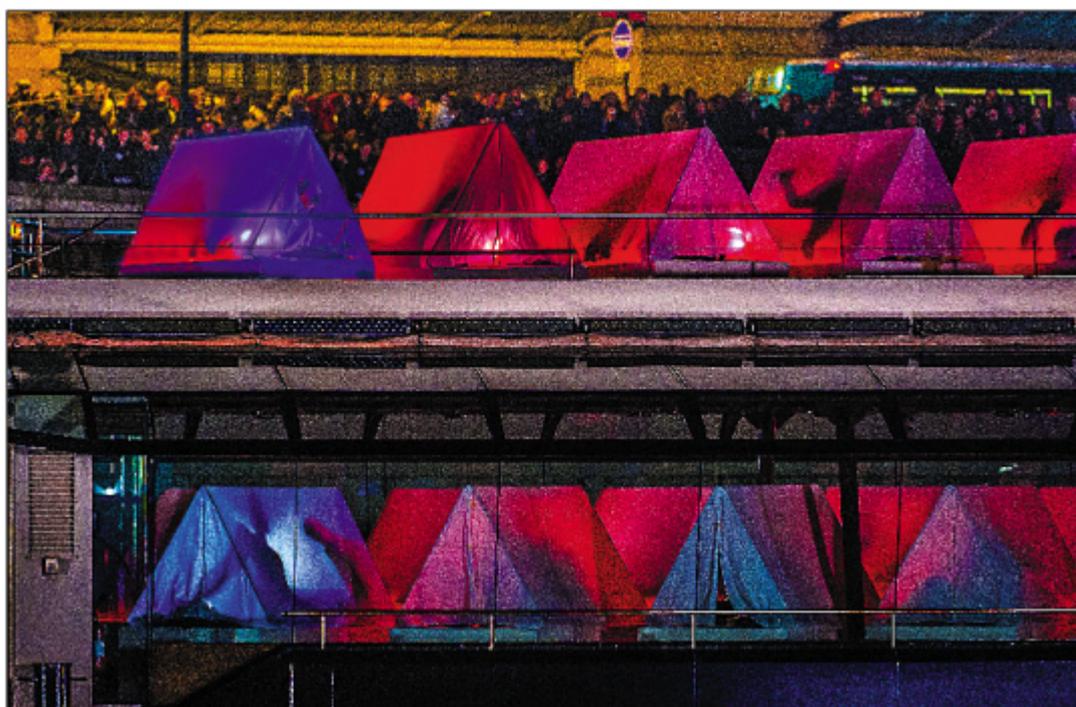


Let's see another example. A performance artist called [Tehching Hsieh](#) imprisoned himself in a cage for one year (1978-1979), with a camera photographing him every day. This artwork called <Cage>, and it was displayed in New York. The most shocking fact in this artwork was that this artist did not talk to anyone during that year. People, especially those who live in noisy cities like New York, had no idea how he conquered the loneliness and against the social instinct of human being. This artwork actually gave the audience a feeling

of “pain”. It probably makes people rethink about their life. And it also demonstrates a new meaning of modern art: To show you more possibilities in this world.

But after reading the examples above, you may have a question here: why do modern art no longer offer people a sense of classic beauty?

After classical art has reached its peak around 19th century, artists tried to find another way to express themselves. Thus they started to create new art forms. Now modern artists don't need to be highly-skilled as ancient artists. All they need is a creative idea, no matter how crazy it might be. A Chinese fireworks artist called [Cai Guoqiang](#) held a fireworks display called “One Night Stand” by the Seine River in Paris. He found 50 couples (volunteers) from all over the world and asked them to make love in tents on a yacht. This romantic artwork was popular among French as it related to the French culture. You see, modern artists are usually adventurous and ingenious.



So the next problem would be: how to identify whether an

artwork is worthy of appreciation or not? The answer is: Take it easy. Appreciate what you like and forget about others. This is an age full of personalities, and people show their talents in different ways. Nowadays “Everyone can become a celebrity for 15 minutes” (Andy Warhol). If you got a brilliant idea and you are willing to put it into practice, you might be the next artist, who knows?

Rembrandt Van Rijn- An Brilliant Artist

[Rembrandt](#) Van Rijn, one of the greatest artists of all time. He has been called “the painter of the soul.” It is the spiritual quality of his work that has contributed to his fame. Like the religious works of Caravaggio, Rembrandt’s paintings from the scriptures are always made to function on a human level through a stark naturalism. Early in his career in Amsterdam, Rembrandt did come under the influence of the work of Rubens and Dutch Caravaggisti, His early paintings, such as the Supper at Emmaus of 1630, were concerned with an intense drama heightened through extreme contrasts of light and dark. Like Van Honthorst, Rembrandt would hide the light source within the picture, creating a dark figure of Christ strongly contrasted with the bright background. This effect is somewhat artificial, as is the pose and expression of the startled disciple whose eyeballs seem to pop from his head as he recognizes the figure before him as the resurrected Christ.



Rembrandt Van Rijn

By : Fu Dongyang 110909121 class 2

Rembrandt achieved the spiritual quality of his works through his special handling of light—a treatment that is extremely subtle in gradation of color. Light and its motion across surfaces act as a metaphor for emotion, the subtle states of the psyche. In his second Supper at Emmaus painted almost 20 years later, the device of tenebrism used to produce drama in the previous picture is absent. The contrasts of light and dark are no longer extreme, but have been replaced by gentle gradations, forming a symphony of natural and divine light. The concentration of light behind the head of Christ has formed a kind of halo. An air of tranquility pervades the whole painting. The disciples are shown undergoing a quiet realization, gaining greater faith through the miracle they are witnessing. The stillness and the serenity of the depiction help transport the viewer to an internal or spiritual level of understanding, which is very different from

bombastic visions of Italian Baroque, and the brutal frankness of Dutch painting.

The humanistic concerns that underlie Rembrandt's art often translate into sympathy for the suffering. One of the best examples of this can be seen in the Return of the Prodigal Son of 1665. The work is a mark of respect to the virtue of clemency, and to the love of a father for his son. The story is one of the parables of Christ that describes a father who divides his fortune between his two sons. The good stays at home and saves his money, leading a respectable life. The bad son, by contrast, wastes his inheritance on the pursuit of morally wrong activities, reduced to a state even worse than his father's servants. In poverty and despair, the prodigal comes home in a state of humility and remorse to be forgiven by his aged father. The story is also a metaphor of the love of God for his children, and Rembrandt's painting, more than a simple illustration of the story, creates an image of this spiritual love. It goes beyond the works of all other Baroque artists in the evocation of religious mood and theme, which may be a commissioned portrait of a couple in the guise of a biblical pair.

As early as 1650s, Rembrandt's colors became richer and brush strokes more exposed, The end result was a richly varied handling of paint and deeply layered colors. Consequently Rembrandt distanced himself from the current fashion, which inclined toward fine and detailed work. His loose brush work and use of heavy impasto must have been influenced by his familiarity with the late work of Titian.

Consequently accounts sometimes remark disapprovingly of the lack of "finish" or coarseness of Rembrandt's brushwork, and the artist himself was said to have advised visitors against looking too closely at his paintings. But only by looking closely can we see and enjoy the fluctuating quality of the paint, the golden yellows, the delicate blues and olives, the powerful whites and deep blacks, and the vibrations of the tones and the harmonious fusion of the whole. The broad, calm, relief-like life-size figures reveal a touch of Classical

taste, but the use of color is obviously not classical.

What is the most healthy food in Asia?

According to Forbes recently, Japanese food is rated as the most healthy, the third is Chinese food, Korean food ranks fifth. But you may want to know what is the most healthy food in each country? Here, I'd like to introduce them one by one. Let's have a look.

By: Lin Xue 120112102 Class2

Food is a kind of culture, local food inherit the essence of traditional culture. Each country has its representative food, healthy and delicious. When you visit one place, the first thing you might think about is the local food there, isn't it? Now, let's travel around the Asia to enjoy the most healthy food in three countries!

China: China tea

Tea is the most special dietary element for Chinese, it's also recognized worldwide as one of the most healthy drink, which has a high nutritional value and helps with many diseases, such as hypertension,



hyperlipidemia, etc. Based on the analysis, tea contains more than 300 kinds of possibly bioactive chemicals, such as protein, theine, carbohydrate,

vitamin, tea polyphenols and amino acid, which is indispensable of human bodies. Drinking tea also help us keep fit, protect our eye-sight, prevent from aging, lower blood pressure, etc. It is said that green and black tea may protect against cancer and cardiovascular disease. That is amazing! A study led by Dr Kashif Shafique of Glasgow University found a 50% greater risk of cancer among men who drank more than seven cups of tea a day, compared to those with lower tea intake. According to the experiment, individuals who consume between 5 to 10 cups of tea per day have a lower risk of cardiovascular disease. If you want to know more about Chinese tea, please click [here](#)!



Japan: Sashimi

Sashimi is a Japanese delicacy consisting of very fresh raw meat or fish into thin pieces, which originate from the traditional method of harvesting. It's famous for its fantastic shape, fresh material, delicious taste. What's more, it always be considered as the first course, presented with rice and miso soup in separate bowls. Sashimi is the most delicate dish, and you should eat it first in case other strong flavors affect the palate. Fresh sashimi can strengthen body resistance and it has really high nutritional value, it contains rich protein, vitamin, micromineral, etc. Besides, Sashimi is delicious as well as low-fat. If you want some recipes of sashimi, please click [here](#)!

Korea: Kimchi

Kimchi is mostly based on vegetables, with some fruit, sea food, meat as ingredient. It has many functions, such as losing weight, promoting digestion, etc. First and foremost, Kimchi is low-calorie food helping maintain dietary nutrition balance, it is rich in cellulose, vitamin, a variety of minerals, carbohydrates, amino acids, protein, fat and other nutrients.

Secondly, it can produce lactic acid to promote the digestion of nutriment and improve bowel function.

Lactic acid bacteria takes advantage of sugar fermentation to produce lactic acid, acetic acid, probiotic acid and butyric acid and other organic acids.

What's more, Kimchi helps reduce serum cholesterol levels and blood lipid levels. Kimchi can deter many diseases, such as diabetes, hypertension, tumour, osteoporosis and so on.

Last but not least, it can help lose weight, Korea experts found that not only Kimchi contain a variety of vitamins, minerals and amino acids which is human body need, but there are obvious effect of losing weight. If you are interested in Kimchi, please click [here](#)!



All the food mentioned above is healthy as well as delicious, you can choose by you own taste. In a word, eat healthy, live healthy!

Nanjing delicious food-- JingLing Snacks

Say to the diet, jinling snacks, has a long history, wide variety, from the six dynasties circulates, as many as 200 varieties. I think many people are interest in it.This article mainly introduces the delicious snacks in Nanjing.

By: Yawen zhang 110608111 class2

JingLing Snacks:



Say to the diet, jinling snacks, has a long history, wide variety, from the six dynasties circulates, as many as 200 varieties. Confucius Temple is the birthplace of Jinling snacks in Northern and Southern Dynasty. There have been numerous merchants and the snacks were more prosperous in Ming and Qing dynasties, restaurants, tea houses, snack shops, everywhere. With the development of urban construction, snack outlets have continued to increase.

Night market snacks



Nanjing's snacks are known throughout the country, and even some foreigners know these. The snacks are concentrated in the night market in Nanjing, usually stall after 6:00 pm, and reach a peak period at 8:00~10:00pm. Some people may worry about the night market snacks are not enough health, in fact, you can rest assured that business license and health permit stalls. After a hard day, you can enjoy delicious snacks and relax your body. Pine nuts, duck meatloaf, corn Butterfly dumplings, duck blood soup, Jinling claypot, etc., all can satisfied your appetite. The large places of Nanjing night market are Confucius Temple, Shanxi Road, Hunan Road.

Old-established Shops



Liu Changxing was founded in the Qing Dynasty, to the business of buns, noodles and all kinds of wheat, has been a hundred

years of history. Liu Changxing`s snacks have rich varieties , and second to none in the ancient capital of Nanjing. It is known to produce fine, rigorous choice of materials, a unique taste, called Jinling model of snacks. During holidays□families and friends often went to Liu Changxing.It had became a fashion. As a brand, Liu Changxing has become one of the traditional food culture and local characters which recommended by the overseas guests.