Psychological stress



Psychological stress is a lot of people are to face a problem now. Psychological pressure is I met one of the biggest problems in the near future, mainly because I've seen the movie, has caused me to think about my life and death and, in negative thoughts, slowly with the psychological pressure.

Chenjiao Zhang 120211327

After the movie cry very sad, I used to think love can resist everything, but found that, in the face of life and death what are floating clouds. In later days, always stay in my life will be what kind of. Fragment 5 on Saturday morning I and dormitory students go to Hang Zhou amusement park to play one day, open the Micro message in the boring time, see in the hometown classmates said that the earthquake. The moment my mind went blank, scared to death. Immediately call home to see

how, in 2 calls or nobody answered, then make blind and disorderly conjectures, thinking about different consequences, the fear of heart will continue to rise, like shaking hands, do not have any idea, only know mechanical call. Finally through the phone, I asked how, what the earthquake, my father said, he did not know, still sleeping. At the moment, my heart, and still blame dad now how to answer the phone, but found that more than 5 points just before dawn, not to say a few words, then hung up the phone.

Fortunately, my hometown is an earthquake, just felt not strong, no matter what. In the next 2 months, every day I will call home, even if it is all right, even if he is very busy, even if not what to say, but always feel like this is a must do. Assuming that the earthquake magnitude is large, if one day Dad has an accident, that father was ill, I am afraid that happen, if that happened, what should I do, how can I do, to think that all this is terrible.

At the moment I realized I was a mental illness, impact on the psychological pressure, I became with profound respect and humility, every day with great care. Excessive value other people think of me, everything is be overcautious. Read a report on the psychological pressure of the survey, nearly twenty people in one people with psychological pressure, the pressure of society now, psychological pressure is a big challenge we face. I feel in the face of life and death, who are always ants, arbitrary kneading, without any resistance. But at the same time, life is beautiful; “alive” let us enjoy life, youth, vitality to life. “Death” to remind us to enjoy now, cherish life time, cherish the people and things.

In my opinion, psychological pressure is a response to your present situation, but each person’s performance, different in degree. Learn to control the psychological pressure, relieve the psychological pressure is correct, I now face, in the online search a lot of information, to understand the psychological pressure is normal, need not be so ashamed of

it, there is a way to vent, enhance their self-confidence, positive communication with people, not depressed mood.

Now, I can’t say I psychological pressure has been eliminated, but has great cut, students also tell me are you kidding, I’m much better than before. I am so happy. Facing the psychological pressure, don’t have to feel fear, as long as the rights to vent, to solve the problem through a rational approach, each people all are the most beautiful flowers.

When Street Arts run across Tourism

You know, when two funny guys run across each other, there will be always a hit between them. So, can you imagine what will be like when Street Arts run across Tourism? It must be fun.

By: LanYing Huang 130907216 CLASS 2



I once heard a story about a town, Sheffield in Australia, which was a relatively backward area. However, the residents of Sheffield revitalized their homeland by Art. After discussing how to reform and innovation, at last some residents proposed to develop the

tourism in order to attract more people to come. An inventive style of Art—Draw mural painting came up later. With the remarkable improvement and great effort, the town has realized its blueprint. The murals attract an estimated 200,000 people to the town annually. What a big change! Wait, wait, it’s not the only case to run across.



Huangjueping graffiti street is located in Chongqing City, is the Chinese and even the world’s largest graffiti art works. Chongqing graffiti art street is attracting more and more people to come. This street has become the first to Chinese graffiti art. Huangjueping graffiti art also takes on a new aspect, has become a new place for tourism in Chongqing. It is understood, graffiti street is to promote an innovative initiative of cultural and creative industries in Chongqing City. At that time the Huangjueping has the appearance of many old buildings are dilapidated, in urgent need of transformation, then the government boldly and Academy of Fine Arts artists after several times to discuss, finally determined to graffiti this form as a retrofitting scheme on this area of appearance. All of this really make a great difference. A tourist city must has something related to Art, or it seems less vigor, passion and artistic atmosphere.

Street Art more or less gives the city visual shock, a feel of freedom and injected new vitality and unique elements. If you are into Street Arts, there are some good place you can visit. First , The Berlin wall remains colorful graffiti that known around the world. In 20 years, East Gallery gradually becomes

one of the most popular tourist attractions in Berlin. Second, The National People's Congress graffiti wall located at people's University in Haidian District Road, which is the largest, the largest area of a graffiti wall. In November 12th, after the Olympic countdown 1000 days, the wall was named "Beijing wall".



Maybe you can run across them next time. And there is other matter I want to suggest, if we happen to fall in love with two interesting things, maybe we should try to find a way to let them run across and combine them in order to get full use of both and then people will see something unexpected. Just like the Street Arts and tourism. No soul, No spirit, the city will be dying . Street Art brings a new spirit to the city, which will sure helps the development of tourism. I strongly recommend that city should welcome Outdoor art behavior. Do you support me? Let some beautiful run across.

Film genre,do you know it?

Do you know the film genre? In this magazine, we will

learn the meaning of film genre.Want to know more, just follow me learn the knowledge of film together.With the

most authoritative global entertainment information, the highlight of the network video, the most popular flower, TV and movies the most unique and the best project planning, film and television perspective. You are not to be missed first-class image treasure .

By:xinying yu 134302116 class 2

According to the regulation of different type



s (or style) request made films. As a way of film production, and 40 s who in Hollywood dominance ju, other capitalist countries commercial films are also types of ideas as the basis of film production. Type refers to the form due to different subjects or skills of film categories, types or forms. Type of film as a way of video production has the following characteristics: the film creator must strictly abide by the basic provisions of the producer for his designated film type, namely: 1. The formulation of the plot. 2. Standard characters. 3. The visual image of the type of diagram. Type film production according to the psychological characteristics of the audience, in a certain period in a type as the focus, namely the so-called “boom replacement” way. When people are tired of westerns, horror, and then followed by other types of film, so turnover, repeated rotation. In many types of films, one of the most typical is the four types, namely, comedies,

western and crime, fantasy. Type film shoot, as a kind of method, is in essence a kind of art product standardization of specification. Its stipulation and the coercive power of the creator film, only in the characteristics of the major studios for producer authoritarian system is possible. Therefore, as the major studios system after the disintegration of the 50 s, type movie also tends to decline, the strict boundary between various types tends to blur, more and more become a general sense of style classification.

Comedy – refers to arouse the audience hate film with a smile. Commonly used different meanings of laughter, lash social all evils behind the phenomenon, in real life things progress, can make the audience in the lighthearted laughter accept enlightenment and education. With ingenious structure more, exaggeration, relaxed and funny plot and humorous language, specifically comic character's unique character. Sort is more, many common sex comedy and satirical comedy.

Horror movies – in a terrorist plot and terror runs throughout this film. How to clothe the rare entanglements with people in real life the unusual story plot structure, to stimulate the audience's fearful.

Love, is the subject costume dramas – basically is more beauties of love story, some epic simply by exposure to dress and sex as a stunt.

Action movies – is a strong tension breathtaking action type and audio and visual tension as the core of the film.

Family films – generally refers to the reaction between all kinds of modern family life trivia.

Thriller – thriller is the detective, mystery, crime, the complexity of the psychopath, or a movie depicting the schizophrenic state type. Class has the same effect with horror movie type, Hollywood thriller from the point of view of most subjects have reached category of terror.

Science fiction – its characteristic plot contains science fantasy.

Documentary – for real life creation material, to true story for performance object, and carries on the artistic processing and presentation, in order to show true to nature, and real cause people to think about a movie or television art form. The core of the documentary for real.
Link:http://www.dictall.com/indu/270/26901984F62.htm
http://zhidao.baidu.com/link?url=t8Qa0B3E4Mri7fcrOAlnxxEyDnZvtkQW4uvbJt_P8UVVc_Appw9x7ZVoK5rG2NBIu1UTwXQC85eAJFGkb1V1fK

Be a journalist, see the changes of China during the ten years behind news



To see is an autobiographical book of a well-known journalist Chai Jing. At least 1.5 million of the books had been sold. It's a big number for a writer in China. It tells Chai's growth in CCTV and changes of China during the recent decade by a journalist view. Ten years ago she was chosen to become the national television news anchor. Because of inexperienced, she suffered defeat. Nowadays she becomes a famous reporter, after a decade's experience.

By: Yichun Zhu 130306203 Class 2

Do you remember SARS in 2003? It's a big catastrophe. We think doctors and nurse are heroes at that time. But we forget people who reported these are also heroes. In this book, Chai recalled the things in this book.

In April of 2003, SARS became more serious that make people panic. The fear of people comes from unknown situation. The best way to know all of the things is going to first-line to interview. But when she saw patients at first time, she was frightened. People who get SARS lay on the bed without any expression. At that time she knew what desperation is. The deathly silence made her uncomfortable. "You can smell the smell of death" Chai said. By her report, the public begin to know how situation is.

When faced with disaster, people recognize the preciousness of life. Chai and her colleges lived in a hotel. There were no people in the hotel, even the staffs in the hotel had gone to their hometown. Chai and her colleges begin to think whether they may get SARS. The heart beat make she felt that life is so real. She received a message from an unknown number: I'm very pride of your courage. If you get SARS, I will marry you.

Fortunately, she and her colleges were safe. But many doctors got SARS in one hospital. She went there to investigate what happened in this hospital. A doctor who worked in this hospital told her there were not well protection at that time.

“And what did you use to protect yourselves?” Chai asked. “Only courage” the doctor said sadly. 75 people got SARS and 45 of them died.

During ten years, there were many things happened in China. SARS, Earthquake in Wunchuan, Beijing Olympic Games etc. Through these things China is growing. Chai is also growing as a journalist.

Chai is a good journalist because she cares about people in news. She is patient and listen them carefully. Another reason is that she is an objective. “There are not good man and bad man in this world. There only people who do good things or bad things” Chai’s college told her .As a journalist you should bring fact to audiences. Many journalists like to guide audiences to get more attention. It’s wrong. People have their right to analyze an event. In this way, people will become more independent and freedom and countries will become more democratic. Journalists are eyes of people and conscience of a country.

“It’s an excellent book. I recommended this book to my friends.” An Internet user from Amazon said. You will not want to miss it, if you want to see something invisible behind news and view the world wisely like a journalist. You can visit Douban for more information about the book.

Keep healthy from your mouth at first



By:Zhucheng Wang 131002106 class 2

Modern society, people began to gradually understand health and reasonable way of life . We begin to pay close attention to food nutrition from feed to now. This article mainly introduces some value common food nutrition. What kind of food do you need from your daily nutrition to complement.

Good nutrition is an important part of leading a healthy lifestyle. Combined with physical activity, your diet can help you to reach and maintain a healthy weight, reduce your risk of chronic diseases (like heart disease and cancer), and promote your overall health.

A healthy diet is not allow you to not be able to eat some food. We want to tell the reader how to balance the nutrition of food, let you can more healthy. Any doctor of medicine admit that nutrition is by far one of the most important aspects of maintaining a high quality healthy lifestyle. A healthy diet all people from every age group be feel their best, be productive and reduce the risk of health problems.

In fact ,the healthy diet exactly is the basis of health . We can supply nutrition which our body need from the diet in our

daily life . Human bodies need various carbohydrates to get energy .The origin of them is wholewheat such as oatmeal,matt surface -bread and Genmai (unpolished rice)which are full of furfurol ,germs and energetic starch .Of course ,oil and water are playing great parts which also are necessities for our bodies . Not only can oil get from plants but also we can increase grease by eating peanuts and nuts .In order to prevent osteoporosis,calcium is the most useful substance to keep away from it . With a great deal calcium in it ,drinking milk is a good choice for people to supply calcium . What's more ,eat a variety of vegetables that contain vitamins and chlorophyll can make body nutrition get more balanced .In addition ,vegetables are helpful for digesting .

A healthy diet is one in which your body is receiving the proper amount of energy. Glucose, fructose and galactose are important carbohydrates that your body uses as a primary source of energy and can even influence ones' psychological make-up. Another key to a good nutritional diet is one in that is rich in protein like meat, dairy and soy which get turned into amino acids. Amino acids make up around 75% of your body and are vital to almost all vital functions of the body. Additionally, amino acids help in repair and maintenance of all cells in the body. Similarly calcium, another important part of a nutritious diet helps strengthen and repair bones as well as helps regulate the contractions of the heart and helps prevent blood clots.

Vitamins and minerals are also important to good nutrition. Vitamin D which promotes calcium absorption and bone growth and Vitamin C helps your body form scar tissue and can block damage from free radicals which may play a role in the prevention of cancer and heart disease. Minerals and magnesium can increase the immunity

Having a nutrition diet requires the right balance of carbohydrates, protein, vitamins and minerals. The benefits of a nutritious diet are a healthier and longer lifespan.

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Such a life, do you like?!

I introduce a man who describes his campus life in his age. He describes how to learn wash clothes, allocate money, and talk with friend or lover and so on.

By: Taotao He 130306136 Class 2



Some days ago, I interviewed a person in the age that internet and smart mobile phone don’t appear. And he told me some things that is showed in follow.

“In life, we rarely take the clothes to the laundry to wash, and we all wash the clothes ourselves. Of course there will be people that they are not able to wash clothes, after we find it because they cannot put it all down according to a letter sent to the we chat, so they can together face to face in the water room laugh at him and despise him Then he would certainly not satisfied, laughing back to the curse, a last-ditch fight for the hedge will not be so easy to get angry like otaku, we cannot put everything sent to the we chat.

Each person’s skills and expertise, at that time, the basic will get some use. We will write poetry can go propaganda, and the students that have art skills can enter the student union.

And the talkative or quick thinking may participate in the debate competition. The pushy when all kinds of school and may Moderator college programs.

And I, as a science student, in fact my math is poor very much. But I was not useless, after all my words is very good, although it is not first-rate, but it is pretty than most of the students have not practiced the word. So I often help others. I remember I helped a classmates in thestudent union which declared the painting to painting room late, despite it is a very bad picture, but the we are laughing and chatting nonsense telling of the past, and no we chat’s and message’s bother. So we relaxed painting late into the night, finally complete the task. The next morning, a large plate of a piece of sensational publicity activities appears on all roads go through the school for everyone to enjoy, or cast aside, but I met those already in full color and text in the.

In the winter, the school has a slope of roads will freeze, I will frequently born and it is very embarrassed. Then my classmates will help me, of course, I would not rely on help me. As usual, the students in south of China will be laughed and despised, and after laughing at the north of the students will teach us skate or skate along with us . Snow big time, everyone cries banded together to fight a battle cattle cross the snow. Department of Architecture, many people, often with grades as a unit, the sky snow in a scuffle, there are always passionate young or anger show alone was outrageously out of the trenches are then instantly annihilate each other, and there will always be you are not raising his hand a be careful to hit each other a girl, there will always be your UFO lying face hit the door slamming when complacent, always one offensive and one negative was gradually broken up and still surmount . Regardless of the results of the war, the people will greet the end of the snow, thunderous applause. Such moments of joy, should not Apple can bring .

After lights out, as usual, is all kinds of chat, nonsense and

laugh. Covering all aspects, from the girl’s face shape, you can talk about Western art, and then to the deep outer space and even worldly people’s sufferings. The rise comes even be triggered impassioned debate and even majestic individual presentations at this critical juncture; we would eleven lying give your score, cut, or not cut. PK sometimes not ending, the judges and the voice of the players will be gradually increased to disturb the neighbors, until the instructor roar outside, objective and rational manner by threatening to repair our school rules. To the exam season , someone poor review, uneasy , you need to lowly place candles or open emergency light reading, bedroom atmosphere created by their unusually strange panic. There’s even a studious person reading by the light in the hallway , and even perverted in order to complete the job drawings strapped drawing board in the hallway, bedroom, foyer, these are the various views of the middle of the night . At the time we really did not think , after a few years, so there could be so many digital products, you can lie on his bed after lights out to see ah !

With today’s most distinguished students who also made □□us the most exciting part of the excitement and undoubtedly paper correspondence. At that time, the emergence of cellular phones and motorcycle L2000, but not that we have the ability to use. No micro-channel, no MSN, no we chat, of course, there will not be unfamiliar street, at most there is a pager. Apart from using a public phone at night to carry a greeting from afar , and more, we will spend some time writing letters full of emotion , and the rest , that is to wait and miss it.

A letter will arrive on a few days, a week or even more. Wait and miss, so all of this, the United States a lot. This experience is meaningful and beautiful, but also cannot get again. Letters , we quiet down, sort of ideas, experiences and the changes in their detailed depiction of this period of time, to tell each other their hearts; letters , we honestly and calmly express their emotions and feelings; letters, we

see true to yourself, but also to see the real counterpart. The Letter, in fact, the number is minimal.

The past decade is not necessarily better than nowadays, but it must have its bright side. The focus I want to express that in those without much technological toys of the era, the distance between people is indeed very close, and our time is indeed happy and fulfilling, memorable and beautiful. I really nostalgic , is to beautify the past, because in my opinion , in those days , such as the moment , many years later can become good memories . But do not think I ever painted, is to obliterate Now, not so. I regret to say the year of our youth, apparently was not intended to deny the current students who ridiculed the youth. He is the youth of this youth, will certainly be gorgeous lovely moment, it must be noted. With advances in technology, life will be better, of course, and indeed more beautiful. Because I love my present life and times, but also because there is now a technological convenience, I will occasionally see this problem in the middle of the night when the fast write these words about the memories, I 'll be tempted to think the time Some touching flashback presented to the dwellers , some of the sense of pain and laughter when talking dwellers do share, nothing more. Thank you."

The story has ended here. And such a life, do you like it?

Met love on the road

The attraction of travel not only because the landscape but also the unexpected surprise happened on the travel . Two girls met their love in the journey, how amazing it is! Do you wonder know much more about this? Just look forward to my

story!You can always heard about or meet such kind of people whose aims are not to travel a specific sightseeing spot including taking some “traveler pictures” but are fond of going to whatever they walking on and traveling some places that don’t know by many people .And they can always meet the unexpected surprises .So, are you such kind of people?



Jia Shi 130907245 **Class Two**

Ann and Ella belong to that kind of people ,and with the coming of the spring ,they began a travel without planning ,take leave without delay . Surprise, they met the unexpected surprises, do you want to know what’s that? Let me tell you their stories.

With the coming of spring, the weather is getting warm, so Ann and Ella started a travel without planning, they went to a beautiful town called WuZhen which was voted to be one of the most beautiful towns in south of China.

On the bus to WuZhen, there were so many people that Ann and Ella were standing uncomfortable . Beside them there were three boys, they were also go to WuZhen, they were outgoing□young and handsome. They were talking and laughing happily, suddenly the bus stopped out of imagine, Ann and Ella rushed to the head of the bus and hit two people. Without these two people ,two poor girl must be felled. When they looked up and want to say thank you ,they found the two boys

looked at them too. With a little bit awkward ,they know each other ,a boy named Justin and one called Taylor and one called Leo. This is just a small episode, so the travel began!
Ann and Ella had a good time taking some interesting photos, absolutely unforgettable! Then they were so hungry that came to eat noodles, at that time ,there were a little bit crowded because it was already 6:30 .Luckily, Ann and Ella had a seat, but not so luckily to Taylor and Justin and little Leo, there were no other choice, the only thing they could do is sharing a table with strangers. Surprise, the “strangers” were Ann and Ella, it’s the second time boys and girls met. What is more incredible, the three boys were in the same school with the girls. then the journey becomes particularly meaningful and interesting because boys and girls finally decided travel together!



Then a lot of fascinating experience happened to them such as Ann was missed on the way, so others people went everywhere to find her .At last, Justin find her at a ice cream store and ate ice cream with Ann. They had a very happy time telling something about their friends and experience and so on ,then they fall in love to each other! What a surprise !
The other day is a rainy day ,but the boys had no umbrella, and because at that time Ann and Justin had already fall in love with each other, so they used one umbrella Here comes troubles! Only an umbrella was left ,but there were two boys, so how Ella to choose her partner? At last Ella chose Taylor, the boy she hit on the bus, and as a result ,they fall in love to each other too! How poor Leo was, he was still single!



Above all, that’s Ann and Ella’s trip, they met their on the way!See what? You can meet love on the road!So just travel out!

Treasure in the movie

Mention of Hollywood, everyone not strange. As we all know , Hollywood is famous for the place that movie stars shine on. Everyone has favourite movie stars and l believe the number of these stars can make up a dictionary.
However, one of them that must be mentioned. She is so beautiful like an angle from the heaven. She is loved by almost everyone not only her beauty but also her kindness. Guess who she is? She is the actress in <ROMAN HOLIDAY>, she is Audrey Hepburn!
By: shi mi Chen 134302124 Class2

When the first time l saw her, l fall in love in her eyes, Her eyes look like a story. In Roman Holiday, she acted as a princess. She won the Oscar Ward for this film. l think everyone knows the film <>. In the play she wore a black

strapless dress beautiful shadows make fans think constantly of, this costume opportunity at Christie’s in London, sold for 410000 pounds, became the “most expensive” costume.



In the epic movie “war and peace”, play a well-known actress in the drama “Natasha Audrey”. This is Audrey and her husband Mel Feller for the first time in the film.
Movie “wild oats”, as a fashionable dress exaggerated telephone operator in the movie; movie “laughter in paradise”, Audrey plays a sweet sexy sell cigarette girl in the film; the movie “robbery armored car”, as “Qi Ji tower in the film” (Chiquita), and actor Alec Guinness performing opponents play movie “young woman” (Young Wives’Tale) anecdotes, in the play, Audrey played a single beautiful typist; movie “Monte Carlo Baby” (Monte Carlo Baby), because Hepburn knew French, so in the “Monte Carlo Baby” of the English and French versions as the same role; movie “Shu Yan”, as “Nora Brentano” (Nora Brentano), during the election campaign, the director announced that Audrey is the first candidate for this role.
Movie “forever”, Audrey guest stars as a noble, nostalgic angels in the film. This movie is Audrey’s celebrity for. I think no one can act better than her in this film because she is the angle in our heart.
I think the most important thing is that she not only has

beautiful appearance, the Hollywood actress inherent, and others can not better than acting can be said to be a born actress, is a precious treasure in movies.
In fact, Audrey Hepburn is just a microcosm of the development of the Hollywood film. Nowadays, more and more people love the movies, they love Audrey Hepburn, until today, although Audrey Hepburn has passed away, she still was the goddess of the same in many people's mind, this is not only attributed to Audrey Hepburn's own charm, but also because of the Hollywood film strong star power.
I like Audrey Hepburn and like many people, I also like the movie, I think movies can let me relax, movie movie stars have their own characteristics, worthy of our love!



We can learn more from Baidu Encyclopedia [Link:http://baike.baidu.com/view/2299.htm?from_id=11156543&type=syn&fromtitle=□□□□□&fr=aladdin

Why Taylor is so keen on taking street snaps?



Taylor met her friend on the side of the road in a red skirt today; Taylor took the dance training course in the afternoon wearing a pair of Nike Air Max; Taylor, carrying her beloved black barrels pack, went shopping again. Taylor! Taylor! Why always her? And, who is Taylor Swift? She is a singer,but why is the rate of her street snaps so high? How do the reporters know exactly her where about? Is she really pleased that these reporters follow her wherever she goes? Why is she so crazy about fashion rather than pay more attention to her music albums? When people read the fashion magazines, they will invariably see the latest street snaps of Taylor. Perhaps her frequent appearance caters for her loyal fans, who are delighted to be informed of whatever happens to her. However, for most of the readers who know little about her or despise her, she is rather a nuisance at all.

By:Fu Dongyang 110909121 class 2

Taylor Alison Swift is an American country pop singer—songwriter, guitarist and actress. In 2006, she released her debut single “Tim McGraw”, which preceded the release of her self-titled debut album. Her album was certified Platinum several times by the Recording Industry Association of America.
Taylor released her second album, Fearless, in November 2008. According to Nielsen SoundScan, Taylor is the highest-selling artist of 2008 in the United States with combined sales of more than four million albums. Taylor’s Fearless and her self-titled album finished 2008 at number three and number six respectively, with sales of 2.1 and 1.5 million. Fearless has topped the Billboard 200 in 11 non-consecutive weeks, a feat no album has spent more time at number one since 1999-2000. According to Forbes, Taylor is 2009’s 69th most powerful celebrity earning $18 million.

But according to the fashion magazines, many readers may wonder why Taylor is so keen on taking street snaps by the entertainment reporters? Is she really willing to let her daily life known to the public? Does she need to sacrifice her privacy so as to capture the attention of her fans?

To these questions, my answers are absolutely yes. Here are the reasons.

First of all, it is hard for Taylor not to catch people’s eye. As we can see, she has a height of 180cm. Long legs, beautiful face with perfect shape, coupled with fair skin, she is more like a super model than a singer! No wonder she becomes the object of paparazzi every day.

Second, Tyler’s fine character gains her great popularity. For one thing, She is very cheerful and approachable, which makes it pleasant to work with her. For another, she knows very well what she wants from the media. Exposure rates means almost

everything for any star. While she is reluctant sometimes, most of the time she has to cooperate with paparazzi. I think both she herself and her team understand the importance of exposure to her. So taking snapshots can be a mutually beneficial thing. We must admit that Taylor’s professional quality is also very high.

Third, Taylor, in common with stars in the cycle, knows that it is impossible to please everyone. Though some readers feel bored with her frequent appearance, she still has a large number of fans who support her and expect a lot from her. So she must do something, for example, by offering lovable pictures and street snaps of high quality, to satisfy her fans. She should never let them down. After all, for the fans, it is always a pleasure to see their idol in any way, even if her story has nothing to do with music. In terms of this, it is best for her to get the highlight of the media.

To summarize, whether you like her or not, whether you are willing to see her street snaps or hear her songs, we have to admit that in the society where people advocate sexy. fame and wealth, many stars have to establish themselves in the entertainment circle depending on strange style or distinctive look, Taylor can easily get the attention of people from all walks of life in a mere way of street snaps. She doesn’t need to sacrifice her dignity or get involved in scandals, it is really admirable for a female star.

Maybe in the future there will be more about her street photos. I do hope we can be open to the graceful girl, for she is indeed a feast of eyes for those who love fashion.

A vivid dream of polka dots



As an ordinary person, the world of art seems to be very far from our daily life. A lot of people lack of interest of art exhibition, perhaps it is because there is a gap between artists and us. It is likely that to understand the meaning of many art works is difficult for us. However, Yayoi Kusama exhibition a boom, let many people rarely picked up interest in art, trying to feel the real world of art. Why do so many people so keen on the Yayoi Kusama's work, hope that by this article to explore.

Zhang YuHeng, 110909241, Class 2

Following the recent Dior exhibition, 'A dream I dreamed' was another popular exhibition in Shanghai. People interested in Dior exhibition could be well understood, Dior is a well-known brand name all over the world, whether to buy or not to buy it, people all want to go to see her style. Or the exhibition

of Monet, who is the world famous artists, who do not want to watch the painting by their own eyes? However, before the exhibition, the audience knows nothing about Yayoi Kusama at all. It is hard to deny that its boom seems to be kind of weird.

People first impression of this strange exhibition is “dot”. It was likely that her world is form by dots, the interpretation way of the world aroused my interest, and at least, it is an important reason why I went to see the exhibition. I am unable to hold myself back to know, using dots to interpretation her own world, what she really want to express? How did she use the complicated pattern to express her own mind? The answer of this question must be answer by myself after I watching it. I guess there are many fans of polka dots like me, deeply attracted by the impression of it. We almost never see any exhibition give simple but strong impression to the audience like ‘I have a dream’ before. It is common that the posters of the exhibition cannot find any clues of it. However, her works is too strong, can let a person immediately familiar with her style. Probably because the exhibition style approaches to daily life, Yayoi Kusama gives us a hint that we can understand her.

It is worth mention that, there is a psychological study popular in recent years. Many people have claimed to be intensive phobia, seeing intensive things makes them could not help sick. These people can not accept anything intensive, but the funny thing is, there are a lot of intensive phobia patients are also eager to see the Yayoi Kusama exhibition. This strange mood somewhat dumbfounding people, even many people call it the “intensive fear exhibition”.

However, many people do not know the story behind. Kusama fears about trauma since her childhood and she had lived in New York for a long time, which was dominated by male powers. However, her works was not to show what she can see in the world. Kusama created thousands of dots and net patterns to

conquer her fear towards the life, and by the works she turned her horror into something funny and familiar. According to her biography, she said “in any case, I was terrified of sex, and of the phallus. My fear was of the hide-in-the-closed-trembling variety. And it was precisely because of this that I made tons and tons of these shapes. Creating them, putting myself right in the midst of the horror, helped me to heal the wounds in my heart and, little by little, escape the fear. Each day I would produce forms that I gradually turned the horror into something familiar.” That may give people who are fears of intensive deeply thought about how to conquer fears. It is possibly that many people believe that the feeling of familiar can heal their afraid of something so they came to the exhibition and try to be relax and enjoy.