“□□”(Guang bing)——The Taste Of Home

We’ll never forget the taste of home. I’d like to share with you a delicious snack □□ from my hometown. I assure you that you will soon fall in love with it .Because it is not only a food but also a feeling of home.

By: Kailing Xue 130111111 Class2



“□□(Guang bing)”is a special snack in FuQing. It included in the urban business card by the local government. There are many vendors who selling “□□”(Guang bing)along the street.

“□□”is round, the size of it like the adult palm. It’s made from flour and sesame baked. FuQing people still retains the traditional approach to make “□□”(Guang bing).They don’t use the oven or stove, but a wrapped in yellow vats. First, they used the bundles of pine lit the fire in the cylinder, leave only ashes. Then, two people cooperate with each other to make the cake embryo fast and accurately on the cylinder wall. They must be well coordinated and action quickly to avoid being scalded. Lastly, “□□”(Guang bing)backed slowly by coals. The finished is golden and crispy.

“□□”(Guang bing)is not only delicious, well made, but also has a legendary story. The national hero “□□□(Qi JiGuang)”led the army resist against Japanese pirates in FuJian Province, but

they can’t cook because of rainy days. To solve this problem,□□□(Qi JiGuang)ordered soldiers to bake the bread and with hemp rope strung together hung on the neck as dry food. This clever idea helped them to win in the end. Later, the bread into the private, not only the common edible, but also become necessary offering ancestor worship the gods. It was named “□□”(Guang bing)to commemorate □□□(Qi JiGuang).



The population of FuQing outside the multidirectional flows and only a few local people know the manufacture method. These reasons lead people to never eat it in the other places. So “□□”(Guang bing)is a great significance for FuQing people. No matter whether you love to eat it or not, once you mention it, you will think of homeland.

1.“□□”(Guang bing): A kind of food

2.□□□(Qi JiGuang):a man’s name