Tibet, your own little world



With urban development, people's living pressures are larger, bustling, noisy dry at the same time, I think we need more quiet, thinking and released. So I yearn for Tibet. it is the largest province in China, the roof of the world.is located in the southwest of P.R.C., blessed with spectacular sceneries and its distinguished beautiful culture.

Name: Danying Chen

Student ID: 120210234 Class 1

I like his prairie, so quiet, gentle, giving a warm feeling of tranquility. Unlike the kind of magnificent sea shock, the ups and downs emotionally sigh! Grassland scenery gives the first impression is refreshing! No large villages. Looking around the vast expanse of prairie at the foot extending to the end of the line of sight. The kind of smooth and soft curves. Makes you feel very comfortable. Run in the grasslands and the kind of contact with nature is no diaphragm and tolerance, so I love the prairie. See here is a blue sky blue beneath pure extreme, pure no trace variegated. The Hill in the distance is the same clear. The clouds in the distance like landed on the grasslands.Prairie put on a beautiful coat!Grassland scenery will bring relax to eye, the mood has also been a perfect release. This is heaven!With the clouds of heaven drift, prairie bright and alternate changing .The mood is like cotton candy, with the warm wind of the grasslands, rippling

Gently.

<u>Tibet</u> has too much beauty, many artists and art lovers came to Tibet in search of inspiration, the purpose is to find look for beauty, pursue for beauty. As young artists Song Seng, like Northwest figures, five years in a row to the northwest, in his own words, he Qinghai, Tibet has formed a dependency snow style. He has an annual fee to the northwest folk songs, long train, live in a small hotel in the town, the harsh conditions just have fun. He said that as a painting of people, to the west will find that no matter where the landscape or figures, are particularly picturesque. Through the blue sky on the plateau, the complex ethnic costumes, children's eyes, until the butter lamps temple robes, Lama, and these things themselves in the eyes of painters treasures, to have the opportunity to be close to such a treasure, is my greatest pleasure.

Tibet, a place worth going.

Be a player on weekends

Be a palyer on weekends and enjoy your leisure time in Tongxiang!

By :Chengzhizi Tan 120909213

Players,generally what plans for this <u>weekends</u>? "player" as a senior,I will recommend you to the following weekends getaway route,you can play through the following visit route times Tongxiang tourist attractions surrounding the use of the weekends.Follow me and have fun!

Players'strategy Route 1: First of all, as a player, I will tell you of all that you could start from the zhejiang institute of media and communications, visit the Tongxiang Feng Zi Kai memorial hall, the scenic spot is a national sopt of 2 grade A, Shimen town is located in Tongxiang city, in this scenic spot can visit feng zikai's former residence "YuanYuanTang" and the appreciation of Feng ZiKai's cartoons, feelings of Feng Zikai caricature of humanities. After visiting, you can visit the nearby "Luo Gujiao sites", here is the national key cultural relics protection units. Next, if you are religious, you can visit the fu yan temple, and eating vegetarian diet as noon there Then in fu yan temple in the teahouse to drink a cup of tea, and make a little rest. Until the evening, on the way back, after "Qian Jun kiln art institute" visit, the museum visitors, artists, to give lectures, communicate, and an ideal place for exhibition, you can go in to enjoy the calligraphy and painting and cultural relics.

Have fun on weekends!

Route 2: Travel to wuzhen and itinerary for the day. Wuzhen has a white lotus tower, ancient wuzhen stages, MAO dun memorial pavilion, fix true view, jiangnan best bed, liquor workshop and bar street, where you can spend a day to play, and guarantee the buzzing, linger.

Route3: I recommend you can go to Tongxiang world trade center to go shopping, especially the leather would be in the city to buy genuine leather goods.You can play through the following visit route times Tongxiang tourist attractions surrounding the use of the weekends.And wish you have fun in Tongxiang.Be a player on weekends and may you have happy outdoor living in Tongxiang.

<u>Who is undercover, everyone to</u> <u>guess</u>



Most of the game board game for 5 or 6, personal play together. Who's the undercover is no exception. Who is playing both postgraduate degree undercover understanding between friends, but also to show each person's ability to express.

By:jiayuan Chan 120806238 Class3

Everyone don't know when to get the keywords if he was undercover. But the witty undercover, often after listen to others' description to gauge someone else's word, and then describe the same word, avoid exposing themselves. If the undercover do not, then it is easy for him to be found, and elimination. So kind to the enemy is cruel to himself. This is the rules of the game.

Who is undercover is a puzzle game, is a casual game .Next, I will tell you a story to share of our experience of playing this game at a time. We have four people at the time, then one of us is the undercover, the other three are all ordinary people. And then began to see Key words, this is a very important moment, because the word you get will determine if you are the undercover or not. Everyone is very carefully look at their keywords. For fear that their own key words be seen by other people. Then I began to worry about whether I'm the undercover, I get a keyword is 5. All finished seeing our own keywords, then we start to describe with a sentence. The cloud account first. She said: "a number." Then Xu Qianqian started narrative: "three plus two".

Listen to her, my heart steadfast. Because we get words are the same, so we are not undercover. Xu Haohao tells

that: "one hand". let me explain. A hand has five fingers, so he said one hand ,we put Xu Haohao also ruled out for a while. Just left me, I said: "ten present two". Well, the first round of the narrative is done, and began to vote for your most doubt is undercover. Number of ticket! Albino culvert 1 votes, Xu Haohao 0 votes, the road cloud 2 tickets, Xu Qianqian 1 ticket. Clouds out the road. Pass! But we found the road after a showdown between the cloud is not the undercover! If another round out, without the undercover sting won.

Ok, just the three of us left: I, Xu Haohao, Xu Qianqian. We account again. I said: "the number of" total "refers to 5. Because there are 5 people" Xu Haohao said: "50 decimeter =what" Xu Qianqian said: "in a math problem, it will go into one". "She said" rounded "."Ok, and in the long-awaited time vote!

Xu Qianqian said: "be cast Xu Haohao bawcock!" Actually I also want to throw Xu Haohao. We began to competition: "Xu Haohao" "An albino culvert" "The huge" "Zi han " "The huge" "Zi han " "The huge" "Zi han" I for you! Xu Haohao lost! He is the undercover! The undercover lost! Oh, We take "5", Xu Haohao undercover brand is "5.0".

Overall, the game is quite nice, we can call good friends to play together.

[LINK: http://zhidao.baidu.com/question/589020059.html]

Football makes you never alone.



Football makes you feel not alone.

The football team of Journalism Institution hasn't faced such difficult situation ever. When May arrives, the team are still suffering a great shortage of new members, which makes this year's School Cup matches not so easy for them to play. But they always hold a faith that they're never alone.

Jing Li 134102208 Class 3

In this year's School Cup, journalism football team has got one game win after one lose, they still just have a no more than 20 players involved but they're clearly positive and ambitious to strike forward like they always believes: they're alone.

As usual, the Journalism team should have at least 40 players training and playing football together, while last term, they had just got 4 new members in grade 1. Now the total number of players in the team is just less than 20.

"We should have been stronger if we have recruited more," said Jia Jiale, goalkeeper who also plays for the school team. In most people's eyes, journalism is never supposed to be a team that seems to have that tough situation.

"I remember the first year I got into this football team, there were almost 50 people in total! In those years, it's even pretty difficult to divide fairly sides when we kick off in training," said Zhou Yutong, the only grade 4 member in the team.

Why appears this situation? Some players thinks it is because it has been more and more difficult for middle school students who wants to enter our institution. It's

true that the entering scoring limitation has been adding up year by year, "for a school that focuses and is famous for art and journalism, higher entering scoring limitation means boy students will have less interests and possibility to consider going to this college after their entrance examination. "The next year may be harder for the team if we still fail to get more 'fresh blood', so in my best wishes, I'd like to see some changes in the further," said Zhang Ze, grade 3, center guard.

That is just not big deal, however, in some big guy's mind. Cui Jianqiang, the captain which is also in charge of the basketball team of our institution, believes that, if the whole team keep doing what they used to do and get more inspired, then it should not have so much problems for them to get good grades in this year's School Cup matches. "Like the classic proverb in football world says, you'll never walk alone. We have been training hard for almost one month, and some of us even have the extra training, all are just for one simple goal that, we want to win every game and approve that we are still invincible and competitive.

Traditional Chinese Food

Chinese are famous for their cuisine, especially the traditional food. There are many foreigners intrigued by traditional Chinese food. Do you want to learn about this delicious food? I'd like to introduce some typical example of them to you.

By: Ke Cai 130111122 Class 2

Jiao zi (Chinese Dumpling) is one of the most widely love food in china. Every family in China eat dumplings almost every day of the Spring Festival. It represent the auspicious and reunion. The shape of Chinese dumpling is similar to ancient Chinese gold or silver ingots, they symbolize wealth. Chinese dumpling is very delicious. You can make a variety of Chinese dumplings using different filling based on your taste and how various ingredients mixed together by you. Making dumpling is really teamwork .Usually all family members will join the work .Some people start to make dumplings when they were kids in the family, so most Chinese know how to make dumplings .





Tangyuan is the traditional food for the Lantern Festival or Yuanxiao Festival. The small dumpling balls are usually made of glutinous rice flour. We call these balls yuanxiao or tangyuan. Obviously, they get the name from the festival itself. Made of sticky rice flour filled with sweet stuffing and round in shape, it symbolizes family unity, completeness and happiness. The fillings inside the dumplings or yuanxiao are either sweet or salty. Sweet fillings are made of sugar, Walnuts, sesame, osmanthus flowers, rose petals, sweetened tangerine peel, bean paste, or jujube paste. A single ingredient or any combination can be used as the filling. The salty variety is filled with minced meat, vegetables or a mixture. The way to make yuanxiao also varied between northern and southern China. The usual method followed in southern provinces is to shape the dough of rice flour into balls, make a hole, insert the filling, then close the hole and smooth out the dumpling by rolling it between your hands. In North China, sweet or non-meat stuffing is the usual ingredient. The fillings are pressed into hardened cores, dipped lightly in water and rolled in a flat basket containing dry glutinous rice flour. A layer of the flour sticks to the filling, which is then again dipped in water and rolled a second time in the rice flour. And so it goes, like rolling a snowball, until the dumpling is the desired size.





Zongzi is the festive food traditionally served during Dragon Boat Festival celebrations. During the Duanwu Festival, a glutinous rice pudding called zongzi is eaten to symbolize the rice offerings to Qu. Ingredients such as beans, lotus seeds, chestnuts, pork fat and the golden yolk of a salted duck egg are often added to the glutinous rice. The pudding is then wrapped with bamboo leaves, bound with a kind of raffia and boiled in salt water for hours.





There are many other traditional Chinese food like moon cake, rice cake, ice sugar ground and so on. Every kind of them will bring you wonderful experience.

Travel Hangzhou by Metro Line 1

As a new member of transportation, Hangzhou metro is popular in the people who live along the metro line and tourists. Go to work, go to play, people find taking a metro is a convenient way to move in the city. However, useful things can be interesting. You can take metro as a express delivery for send you directly to a weekend place.

By: Wantao Lin 131105238 Class 4



Let's follow me to take this express train.

1. Xianghu Station: You can take subway to this station, and go to Xiang Lake, which is called West Lake's sisters lake. West Lake is more in water, while water, mountains, trees and bridges collocated together in Xiang Lake. Nothing would be better than it. You can walk, or take a bicycle, along the road, the road is not wide, and with lake on the left and mountains on the right. Just wander, maybe you will come across a bridge, or slide into a side path, and to find a new view, like a surprise. Nothing would be better. Compared with West Lake, Xiang Lake is more crude and natural, and is quieter. You can also go to amusement park, such as Hangzhou amusement park or Hangzhou World Leisure Expo Garden. They are close in that area. The gardens are so big that you can play in it whole day long.

Fee: Xiang Lake, good things are free, it's no entrance tickets.

Route: To Xianghu, you can take bus No.344 to Yuefenglou Station or No.405 to Yaoliwu Station and walk for a while. To Hangzhou World Leisure Expo Garden, you can take bus No.714 to Xishan tunnel station.

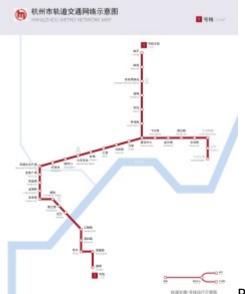
2. Xixing Station: It's near the Xixing Ancient Town. Just as many ancient towns, Xixing Ancient Towns has wonderful old buildings and a specific atmosphere, but it was more quiet and pure. What's more, this town is the end of The Grand Canal from Beijing to Hangzhou, it bear too much weight of Hangzhou's history. Fee: it's no entrance tickets.

Route: After you get out of the metro station, you are in the town.

3. Ding' an Station& Longxiangqiao Station: Shopping, shopping, and shopping! You will find this theme after you get out to the ground. It's a good place to go shopping. There are many shopping malls such as Intime department store, Jiebai commercial and other shops. You can shop there as you want. Another choice is Hefang Street, it has different shopping experience from above. In the evening, it's a good idea to hang about the Wushan night market. Except shopping, you can visit Fenghuang Temple. What's more, Longxiang Bridge Station is not far from the West Lake, you can go to the west lake in few minutes.

4. West Lake Culture Square Station: Near the Beijing-Hangzhou Grand Canal, there located the West Lake Culture Square. The square is circular, in the middle is opening, half of it is around by the Beijing-Hangzhou Grand Canal. In a bridge on the Grand Canal, there was an amazing sculpture. The sculpture is long and is lied on the ground, be carved with a long groove, it's obvious that the grove shape the shape of the Beijing-Hangzhou Grand Canal. The groove is not simple, in the groove it can be seen the typical scenery of the canal's bank from Hangzhou to Beijing. It's elaborate so it may catch your eyes. If visit museums are high on your agenda, you can't miss it. Zhejiang Museum of natural history, Zhejiang province science and Technology Museum, Zhejiang Provincial Museum, Zhejiang culture and Art Center and so on, are exciting with hearing such many name? You can get to all this easily in this station. They are on the West Lake Culture Square. More: Tips: Museums are free, but pay attention to their open time.

5. Gaosha Road Station: Gaosha road is the heaven of cates. Full of many kinds of restaurants, Gaosha



Road contents you various requirement of foods. Rice or noodles, western or eastern, southern or northern, and some special kind of foods can be found there. If you get off the subway at this station, just prepare your empty stomach and open your mouth to eat.

6. Linping Station: Linping Park is where you can go. Linping Park is not an open area in the flat ground. It is on the Linping Mountain. On one side of a narrow road, the word LINPING PARK is not conspicuous, as there grows trees around. Walk up the footstep that behind the trees, and you will see an open lawn suddenly. The melody of absolute music flows with every step of your foot. Because many voice boxes disturbuted in plants all around the park. Not only the music played, you can also hear the voice of nature, for example, the birds singing, or the leaves in trees making sounds when winds blowing. The most impressing thing is that trees with its branches and leaves separate the sky from you, that means you look up and you will see trees but not directly sky when you are walking in the paths. Sometimes you are in a piece of lawn, it's like a green cloud move away and you can see the sky. If you back to walk in the paths, you are under the green cloud again, which is full of the smell of nature. You also can find joy in Jiangnan Culture Museum, getting knowledge of jiangnan culture.

More: Route: Take bus No.763 to Linping park station.

Want to get more information about Hangzhou metro?
[Link: <u>http://www.hzmetro.com/</u>]

Jay Chou



By Cheng Si Yi 130108127

Jay Chou , Chinese Taiwan pop singer , famous musician ,the composer ,and one boss of "Jiewei" music company. In recent years ,he set foot in the media. As we know , in each bright as the star of the people behind ,there will be a lot of bitter experience .Even in less than three years of rapid change red singer jay chou is no exception, the quiet, shy, sensitive boy, and his mother, grandmother lived alone, music is his world, all the worries and dreams can only through the notes. Who did not think of, the child says less than ten words a day, grew up to become household superstar. Jay as a child , who surely become elderly family, grandpa's and grandma's baby, old man, the son of pain no matter where to always together with jay, even when the layer's grandpa go to restaurants , hotel to discuss the case with the client, will see jay's like a small shadow behind. Jay chou, the only child growing up in a single-parent family, is the most good at ourselves and speak for themselves, and the most is not good at communication with strangers. Perhaps is lonely and neighborhoods from his music mature and heavy resistance to listen to, have a life beyond his age. For criticism and response, inarticulate he is only a kind of expression, he will only use music, his mood is in one's work. Racking their brains in the star company analyze market preferences orientation ,said jay Chou to completely of cool was born. Not to think about what you like, and just like him.

Since he is the most revolutionary and symbolic singer after 2000 years ,called the king of Asian pop music. His appear broken the situation of stagnation in Asian

pop music circle.Besides, the biggest characteristic of his music is that he fuses the eastern and western music. July 2003, with <Ye Hui Mei> publishing, a song named "Dong Feng Po"swept the Chinese music. The Chinese restoring ancient ways of pioneered the Chinese music. This song, not only the lyric is great, but also the song is beautiful. As it were, it is the classic work of this style. After that, he created a series of Chinese style songs.Such as,Fa Ru Xue,Qian Li Zhi Wa,Qing Hua Ci and so on. These songs have already become his representative works. As far as he is concerned, he is intend to extend the influence of Chinese music in the world through his Chinese style music.

<u>Sweet potato as my sweetheart!</u>



Whenever coming across any snack that contains sweet potato, I would seize the chance to taste those represented by my hometown.

He Yi 121105325 Class 4

There's no doubt that Hangzhou is an incredibly beautiful city, yet the idea that one's hometown is always the best place in the world perhaps has deeply rooted in our mind. Though it may seem kind of strange to foreigners, that's what happens in China.

Brought up in a small county where sweet potatoes are grown here and there, I have got used to having sweet potato congee as breakfast since I'm a little child, but I would never believe this simple snack could mean that much to me before leaving my hometown for the campus I'm in now.

Attending college took me to a brand new journey compared to my past 18 years, and so does everybody else I suppose, which filled my life with a lot of exciting experiences at first, while as time flies, the thrilled feelings died away and homesickness began haunting and took up my heart.

Hence, whenever coming across some food relating to sweet potatoes, I would seize the opportunity to taste those snacks represented by my hometown. Now I'm going to tell you an interesting anecdote about it.

The other day I came across a bowl of sweet potato congee in a small restaurant of Xiasha(there's a fantastic picture above demonstrating it); what's dramatic is that I was recalled of my sweet memory at home immediately, to illustrate, I seemingly saw the scene of my warm-hearted grandma offering others with hot congees and preparing delicacies for me as well, which was actually the waitress handing out dishes and serving the customers around, then something awkward happened when I called out my little brother's nickname loudly, due to the thought that I'm already at home. Of course everybody stopped to watch me as if I was nuts, which drove me blush at once.

Anyway, these special experiences did not get me out of sweet potatoes, if any, even added to my love of them for restoring those sweet old days to me. Therefore, it's natural to draw the conclusion that sweet potatoes have become my sweetheart in reality.

Meanwhile, the main purpose of my writing this article is to call for your attention on the tremendous benefits that eating sweet potatoes will bring, because not only can it provide us with various nutrition, but arouse our appetite by its attractive appearance. Besides simple starches, raw sweet potatoes are rich in complex carbohydrates, dietary fiber and beta-carotene, while having moderate contents of other micronutrients, including vitamin B5, vitamin B6, and the like.

The following study may illustrate the incredible effect of sweet potatoes better for you.

A 2012 study of 10,000 households in Uganda found that 50% of children who ate normal sweet potatoes suffered from vitamin A deficiency compared with only 10% of those on the high beta carotene variety. Also, The?Center for Science in the Public Interest has compared the nutritional value of sweet potatoes to other foods. Considering fiber content, complex carbohydrates, protein, vitamin A and potassium, the sweet potato ranked highest in nutritional value.

Want to learn more about it? Click here

The course of luxury



By Zeng Qianxin 130409109

With the rapidly development of globalization, the desire of material which is from the bottom of human's hearts become more and more enormous. A word thus emerges, luxury.

In an area known as the luxury, people are likely to think of a famous brand, Louis Vuitton, at once. So let me take you to the wonderful Louis Vuitton's kingdom that you guys will see this noble world in a blur. Louis Vuitton, which was set up in 1854 in Paris, France, was founded by Louis Vuitton who was born in a poor village family. Because of the Second Empire in France, magnificent ball was popularizing in Paris. A majority of aristocratic lady wanted to find something to carry their gorgeous big dress more convenient, therefore, Louis Vuitton was born during this agitation. Mr. Vuitton invented a flat box with a handle with intelligent which replaced a large as well as heavier wooden box in the past. His box was not only durable and convenient to carry, but also brilliant and elegant, thus Louis Vuitton became hotter and hotter. Something to be mentioned, Eugenie de Montijo, the wife of Napoléon III, appreciated Vuitton's rich talent, after that, she swore that she would just customize jewelry box from Louis Vuitton.

As more and more noble became Louis Vuitton's VIP, Louis Vuitton became more and more famous, so he opened his first exclusive shop. In 1885, the first branch store held its open ceremony in London. But George, Louis's son, made a top grade bags empire after the death of Louis Vuitton that made a legend in the area of bag. Up to now, Louis Vuitton is still standing on the top of the bag empire without any hesitation. What's more, Louis Vuitton is growing fiercely in a high speed. As far as I am concerned, facing the global financial crisis, Louis Vuitton's incumbent chief inspector should publish some plans to deal with this problem. For example, he can change some styles which is different with old style before. Because I think that Louis Vuitton is changeless. It can not only fresh the product style but also make customers' eyes brightened. If there is no change, I don't think that Louis Vuitton can get attention all the time.

Let Britpop Rock the UK and Beyond!



Radiohead

The London rock band Suede took home the Mercury Music Prize, Britain and Ireland's "album of the year" award, for its self-titled debut. It was Sept. 8, 1993. It capped a historic year for lead singer Brett Anderson and his bandmates, who in March had set a record for fastest-selling debut album in U.K. history. But the evening marked the beginning of something even bigger.After years of American grunge music riding roughshod over the British charts, Suede's success finally gave the U.K. music press a reason to flaunt the Union Jack again. Men and women who grew up on Beatles, Kinks and Who songs were ready for their own golden era of British pop - or, perhaps more accurately, their rebuke to grunge - and record labels were more than happy to oblige. They called it Britpop, a nebulous black hole of a genre that absorbed any British accent with a guitar from 1993 through 1997.

By: Li Erjiou 121105123 Class 4

Britpop is a subgenre of alternative rock that originated in the United Kingdom. Britpop emerged from the British independent music scene of the early 1990s and was characterized by bands influenced by British guitar pop music of the 1960s and 1970s. The movement developed as a reaction against various musical and cultural trends in the late 1980s and early 1990s, particularly the grunge phenomenon from the United States. Britpop groups brought British alternative rock into the mainstream and formed the backbone of a larger British cultural movement called Cool Britannia. Although, the movement largely fell apart by the end of the decade_its most popular bands like Oasis and Blur were able to spread their commercial success overseas, especially to the United States. The Britpop had kept an everlasting and indisputable impact on the world's music history with quite a lot those still memorizing them since then.

Over time, Britpop's canon crystallized. A handful of elite bands (Suede, Blur, Oasis, Pulp, Elastica) transcended the tag, which lost some of its luster after Oasis released the bloated Be Here Now in 1997. Many of the musicians who climbed the charts in the mid-'90s are now essentially unknown to anyone under the age of 30. Some might argue that that's a good thing, a karmic correction that separated worthy artists from flavors of the month.

Britpop is far from forgotten, and was the soundtrack to many of our youthful heydays. From my perspective, everyone I knew who listened to Britpop had a wide variety of tastes, and often could be found at a club dancing to all those genres he loved so well. But while I loved getting lost in a trance beat as much as anyone, I needed my beautiful melodies as well, and none did smart, catchy pop better. As one of my friend said, the stupid earnestness of most American rock didn't speak to many of them; they needed some irony to cut the sentimental, some playfulness to balance the morose, and clever lyrics to weigh down the jauntiness.

A great time for music that has not been seen since. From indie band like Autuers and Blur, to electronic and dance acts (Saint Etienne, Chemical Brothers), Britpop was everywhere. Of course with that, bands were born into the scene, and the all-inclusive pool was quickly diluted.

That was the power of Britpop — they had complete control of Britain's mainstream, and in 1997 they drove it into the ground. Nothing like that happened again in Britain in the wake of Britpop. We're left with shards in the new millennium, with Radiohead and Bloc Party and Kaiser Chiefs and Editors jostling around together. And that's before you even get to any other English imports, like Amy Winehouse or Adele. Maybe it is indeed better off this way, to have to navigate the big mess of it. After all, if you listen to all those last great Britpop albums, it sounds like universality took its toll. Discovering more about amazing music of Britpop,
http://www.allmusic.com/artist/radiohead-mn0000326249